



Update on The Global NASH Council

Zobair M Younossi MD, MPH
Chair, the Global NASH Council

The Global NASH/MASH Council *Background*

- The Global NASH and Liver Councils (GNC and GLC) were formed in 2014 to bring together experts from around the world to discuss, collaborate and contribute to the field of NASH/MASH and Other Liver Diseases.
- The GNC/GLC has grown organically and has 150 members from 44 countries.
- Alongside a network of leading researchers and clinical practitioners, the council has developed unique resources including the Global NASH Registry and The Global Liver Registry
- The GNC/GLC have published dozens of scientific articles, including many of the seminal publications in the field
- The GNC/GLC regularly convenes members at AASLD and EASL congresses and may expand to other society meetings (APASL, ALEH and others)

- | | | | |
|----|--------------|----|--------------|
| 1 | Argentina | 24 | Malaysia |
| 2 | Armenia | 25 | Mexico |
| 3 | Australia | 26 | Moldova |
| 4 | Austria | 27 | Mongolia |
| 5 | Belgium | 28 | Pakistan |
| 6 | Brazil | 29 | Philippines |
| 7 | Canada | 30 | Portugal |
| 8 | Chile | 31 | Qatar |
| 9 | China | 32 | Russia |
| 10 | Cuba | 33 | South Korea |
| 11 | Denmark | 34 | Singapore |
| 12 | Egypt | 35 | South Africa |
| 13 | France | 36 | Spain |
| 14 | Germany | 37 | Sweden |
| 15 | Greece | 38 | Switzerland |
| 16 | Hong Kong | 39 | Taiwan |
| 17 | India | 40 | Thailand |
| 18 | Indonesia | 41 | Turkey |
| 19 | Ireland | 42 | Vietnam |
| 20 | Israel | 43 | UK |
| 21 | Italy | 44 | USA |
| 22 | Japan | | |
| 23 | Saudi Arabia | | |

Purnam Parui, MD
MD, PhD
Associate Professor
Department of Cell Biology and Biophysics
Boston University School of Medicine
Boston, MA 02118
parui@bu.edu

Nilakanth Prasad, MD, PhD, MBA, FACP, AGAF, FACC, FAASLD, FRCPC
MD, PhD, MBA, FACP, AGAF, FACC, FAASLD, FRCPC
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
prasadn@bu.edu

Natarajan Ravindran, MD, MAAJG, FAASLD
MD, MAAJG, FAASLD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
ravindran@bu.edu

Hari E. Rinaldi, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
rinaldi@bu.edu

Stuart Roberts, MBBS MD MPH FRAC FASLD
MD, MPH, FRAC, FASLD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
roberts@bu.edu

Michael Rosen, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
rosen@bu.edu

Shaheen Razaee, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
razaee@bu.edu

Farukhazam Sherry, DIn
DIn
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
sherry@bu.edu

Yaelite Shimkova, MD, PhD, MPH, MS
MD, PhD, MPH, MS
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
shimkova@bu.edu

Arun J Sanyal, MBBS, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
sanyal@bu.edu

John M. Schattenberg, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
schattenberg@bu.edu

Yousuf Saei, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
saei@bu.edu

Lawrence Saffery, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
saffery@bu.edu

Ashwani K. Singal, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
singal@bu.edu

Michael Traimer, MD
MD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
traimer@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Weeong Jun Sang, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
sang@bu.edu

Hyeon Jun Sang, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
sang@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

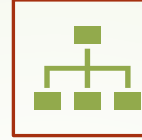
Gombal Trawararntun, MD, PhD
MD, PhD
Associate Professor
Department of Gastroenterology and Hepatology
Boston University School of Medicine
Boston, MA 02118
trawararntun@bu.edu

Our ambition for the GNC/GLC

- Recognised leader within the liver health and global health communities as the preeminent global think-tank for steatotic liver disease (SLD) and other important LDs

Vision, Mission and Values

- ▶ **Our Vision:** A world where steatotic liver disease (previously known as fatty liver disease) and other common liver diseases are rare and treatment and care for those with the disease is timely
- ▶ **Our Mission:** Support experts in different field (hepatology, gastroenterology, diabetology, primary care and nutrition) to advance knowledge and the uptake of solutions to understand, prevent, manage and treat SLD and other common liver diseases
- ▶ **Our Values:**
 - ▶ **Leadership** – *we're helping to set the global agenda*
 - ▶ **Collaboration** – *we're building a global community by collaborating with all stakeholders*
 - ▶ **Person-Centred** – *we're addressing questions that matter to patients and affected communities*
 - ▶ **Impact focused** – *we're focused on biggest challenges and opportunities*



Leadership Steering committee

CORLD-Business Director

NASH/MASH

GNC-Lifestyle Committee

GNC-Clinical & Patient Outcomes Committee

GNC-Policy, Public Health & Disparity Committee

GNC-NIT Committee

ALD Committee

Hepatology and Non-Hepatology Interface Committee

Patient Advocacy Committee

Cholestatic Liver Disease Committee

Viral hepatitis

GNC/GLC Membership



THE GLOBAL
NASH COUNCIL

The Global NASH and Liver Councils

Committees leadership and members



THE GLOBAL
LIVER COUNCIL

Leadership Steering Committee: **Zobair Younossi** (GNC Chair), Jeff Lazarus, Shira Zelber-Sagi , Lynn Gerber, Saleh Alqahtani, Alina Allen, Ken Cusi, Paula Macedo, Laurent Castera, Leyla DeAvila, Henry L, Pegah Golabi, Fatema Nader (PD) and Henry Mark (PD)

Lifestyle Committee Co-Chairs: Shira Zelber-Sagi and Lynn Gerber (PD: Leyla DeAvila)

Members: Dr's Zobair Younossi, Jillian Price, Dana Ivancovsky, Saleh Alqahtani, Ali Weinstein, Paola Andrenacci, Manisha Verma, Carina Kugelmas, Suzi Gerber, Mohamed El-Kassas, CJ Liu, Manirath Srishord, Hirokazu Takahashi, Fatema Nader, Mani Srishord, Andrei Racila

Clinical & Patient Outcomes Committee Co-Chair:s **Zobair Younossi and Saleh Alqahtani** (PD: Henry L)

Members: Patrizia Burra, Robert Wong, Janus Ong, Marlen Fernandez, Ashwani Singal, Jorn Schattenberg, Sven Franque, Stepanova M, Patrizia Carrieri, Jeff Lazarus, Manisha Verma

Policy, Public Health & Health Disparity Committee Co-Chairs: **Zobair Younossi and Jeffrey Lazarus** (PD: Henry Mark)

Members: Nadage Gunn, Claudia Pinto Marques Souza Oliveira, Vincent Wong, Saleh Alqahtani, Alexander Krag, Shira Zelber, Sagi and Henry Mark

Hepatology and Non-Hepatology Interface Committee Co-Chairs: **Ken Cusi and Paula Macedo** (PD: Pegah Golabi)

Members: Scott Isaacs, Brian Lam, Giulio Marchesini, Amila Gestadelli, James Kim, Jay Shubrook, Gerald Shulman Paul Brennan, Zobair Younossi (Ad-hoc)

NIT Committee Co-Chairs: **Alina Allen and Laurent Castera** (PD: Pegah Golabi)

Members: Mazen Nouredine, Marcelo Kugelmas, Naim Alkhoury, Vincent Wong, Jorn Schattenberg, Yusuf Yilmaz and Zobair Younossi (Ad-Hoc)

Viral Hepatitis Committee Co-Chairs: **Maria Buti MD and George Papatheodoridis**(PD: Henry L)

Members: Wah Kheong Chan, Mohammad El Kassas, Stuart Gordon, Tatyana Kushner, Vasily Isakov, Ira Jacobson, Ming Lung Yu and Zobair Younossi (Ad-Hoc)

Cholestatic Liver Disease Committee Co-Chairs: Co-Chair: **Andreas Kremer and Z Younossi** (PD: Pegah Golabi)

Mark Swain, Dave Jones, Michael Trauner, Elizabeth Carey, Nikolaos Pyrsopoulos

Alcoholic Liver Disease Committee Co-Chairs: **Ashwani Singal, Zobair Younossi PD: Fatema Nader**

Members: Juan Pablo Arab, Javier Crespo, Aleksander Krag, Mario Pessoa, Maja Thiele, Robert Wong, Yusuf Yilmaz

Patient Advisory Committee Co-Chaires: **Nikos Dedes and Diane Langenbacher**

Danjuma Adda, Michael Betel (FLA), Wayne Eskridge (FLF), Achim Kautz, Dee Lee, Vicky Mooney, Peter Schwarz, Lorena Stoopan, Paulette Trevana, ALF representative, Brian Lam, Zobair Younossi (Ad Hoc)



THE GLOBAL
NASH COUNCIL

The Global NASH/MASH Council *Formal Endorsements and Collaborations*



THE GLOBAL
LIVER COUNCIL





Center for Outcomes Research in Liver Disease



The Global Registry



THE GLOBAL
NASH COUNCIL

The Global NASH and Liver Registries



THE GLOBAL
LIVER COUNCIL

Purpose of Global Registries

- Real world data regarding the clinical and PRO outcomes of important liver diseases are not available.
- The Global NASH and Liver Registries were established by COR-LD as a global collaboration effort to obtain clinical and PRO data for important liver diseases
- Historical: HBV, HCV, HDV and NAFLD/MASLD
- Added ALD and PBC as new enrollment criteria
- The Global Registry requires e-data collection after informed consent (IRB approved)
- The Global Liver/NASH Registries currently have 28 active sites
- These sites represent all the continents
- The intention is to compare liver diseases including MASLD, Met-ALD and others from different regions of the world using the Global Registry data

The Global Registries

Types of Liver Disease

Population:

Up to 100,000 subjects will be enrolled into the registries with 10 years of follow up:

1. NAFLD/MASLD: NAFLD/MASLD or NASH/MASH subjects with an established diagnosis by historical liver biopsy or accepted imaging technique (ultrasound, CT, MRI, TE)
2. Chronic HCV with viremia (regardless of treatment)
3. Chronic HBV (who are carriers of HBsAg) (regardless of treatment)
4. Chronic HDV (regardless of treatment)
5. PBC: 1) ALP > 2 x ULN or GGT > 5 x ULN and 2) AMA > 1:40. Other histologic evidence of PBC according to the guidelines are also accepted.
6. ALD: 1) Meet criteria for AUD 2) Evidence of any liver disease (elevated aminotransferases outside the laboratory range, fatty liver SH or cirrhosis) by clinical, laboratory, radiologic or biopsy proven can be considered to have ALD.

Data Collection:

- Clinical and Laboratory data (For GNR: Clinical - 153, Lab – 30)
- Clinical Outcomes and Patient Reported Outcomes
- Liver stiffness, pathology and radiology (if available)
- Baseline and annual follow ups

The Global Registries

Primary Inclusion/Exclusion Criteria

Inclusion:

1) Subjects must be at least 18 years or older to participate 2) Must be able to read in order to complete questionnaires in their local language 3) Must have diagnosis of HCV, HBV, HDV, NAFLD/MASLD/NASH/MASH, PBC or ALD

Exclusion:

1) All other causes of liver diseases 2) Pregnancy 3) Inability to provide consent

Study Procedures

1. IRB approval
2. Review inclusion/exclusion and obtain consent
3. Collect and complete basic clinical information for entry into registry database
4. **PRO's will be administered** at baseline and repeated annually up to 10 years (optional)
 - **HCV:** complete 4 questionnaires: CLDQ-HCV, FACIT-F, WPAI, a Short Form Health Disparity questionnaire
 - **HBV and HDV:** complete 4 questionnaires: CLDQ-HBV, FACIT-F, WPAI, and a Short Form Health Disparity questionnaire
 - **NAFLD/MASLD:** complete 6 questionnaires: CLDQ-NAFLD, FACIT-F, WPAI, Activity Questionnaire, Nutrition Questionnaire and Short Form of Health Insecurity Questionnaire
 - **PBC:** complete 6 questionnaires: CLDQ-PBC, FACIT-F, WPAI, Short Form of Health Disparity questionnaire, PBC-40 and 5D-itch
 - **ALD:** complete 5 questionnaires (CLDQ or CLDQ-ALD (being developed), FACIT-F, WPAI, Short Form of Health Disparity questionnaire and AUDIT-C questionnaire.

The Global Registries *E-Data Collection*

Andrei Racila - Administrator - Initial Visit Subject Details Cancel

Show All Anthropometric Data Medications Medical History Personal Habits Diagnostic Tests Laboratory Data Family Medical History PBC eSurveys

GRP-13-0002 Visit Identifiers

Study	PRO Liver Registry - PBC Patients	Subject ID	GRP-13-0002	Visit Type	Initial Visit
-------	-----------------------------------	------------	-------------	------------	---------------

GRP-13-0002 Anthropometric Data

Please provide your most recent Weight (lb):	<input type="text"/>	<input type="checkbox"/> Unk	My weight in the last 10 years has been	<input type="text"/>
Please provide your Height (inch):	<input type="text"/>	<input type="checkbox"/> Unk		
Please provide your most recent Waist measurement of belt size (inch):	<input type="text"/>	<input type="checkbox"/> Unk	DMI	<input type="text"/> Not enough data

GRP-13-0002 Current Medications and Vaccinations

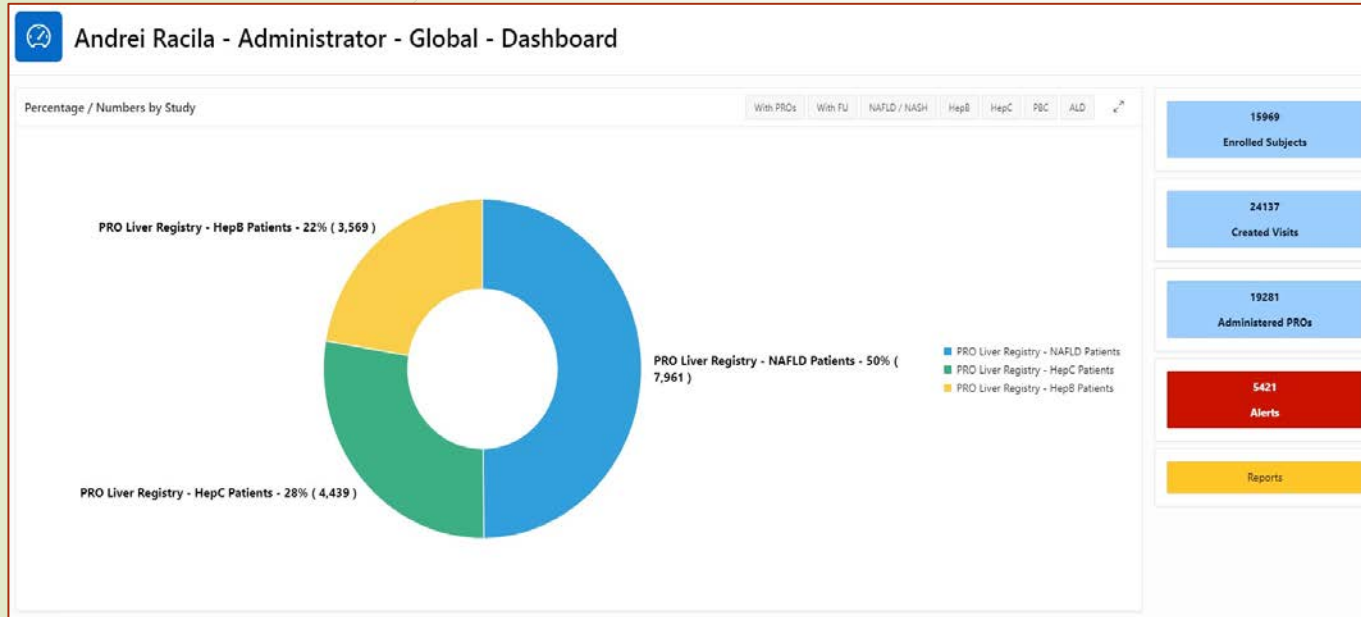
Please list any current medication you are taking:

<input type="text"/>	<input type="checkbox"/> No
	<input type="checkbox"/> Unk

Have you had vaccination for Hepatitis B?	<input type="text"/>	Have you had vaccination for Hepatitis A?	<input type="text"/>
---	----------------------	---	----------------------

- For Sites without Reliable Internet, Spreadsheet Data Entry
- The spreadsheet is designed by GNC and will be uploaded periodically
- Each site will receive a DUA to make sure that sites are compliant with European rules for data

The Global Registries *Enrollement*



Total Number of Subjects - 15969

- HepC - 4439
- HepB - 3569
- NAFLD/NASH - 7961
- HepC - Initial - 2976, Initial + FU - 870
- HepB - Initial - 3076, Initial + FU - 782
- NAFLD/NASH - Initial - 4875, Initial + FU - 2224

Dr. Ming-Lung Yu (Taiwan) N=4486

Brian Lam (USA) N=3616

Dr. Yusuf Yilmaz (Turkey) N=2503

Dr. Marlen I. Fernandez (Cuba) N=825

Dr. Mohamed El Kassas (Egypt) 798

Dr. Gamal Esmat (Egypt) N=600

Dr. Vasily A. Isakov (Russia) N=500

Dr. Vincent Wong (Hong Kong) N=322

Dr. Khalid Alswat (Saudi Arabia) N=278

Dr. Yuichiro Eguchi (Japan) N=240

Dr. Çağlayan Keklikıran (Turkey) N=226

Dr. Nahum Méndez-Sánchez (Mexico) N=210

Dr. Ajay Duseja (India) N=203

Dr. Manuel Romero-Gómez (Spain) N=201

Dr. Maria Buti Ferret (Spain) N=178

Dr. George V. Papatheodoridis (Greece) N=159

Dr. Saeed Hamid (Pakistan) N=142

Dr. Wah-Kheong Chan (Malaysia) N=124

Dr. Jacob George (Australia) N=88

Dr. Stuart Gordon (USA) N=80

Global Registry in January 2024

Country	N all	%	N HepB	N HepC	N NAFLD
Australia	106	0.68	11	0	95
China	47	0.30	3	0	44
Cuba	842	5.38	107	339	396
Egypt	1116	7.13	47	1038	31
Greece	159	1.02	66	52	41
Hong Kong	322	2.06	0	0	322
India	176	1.13	18	24	134
Italy	74	0.47	0	0	74
Japan	239	1.53	20	0	219
Malaysia	124	0.79	70	4	50
Mexico	161	1.03	0	29	132
Pakistan	132	0.84	49	26	57
Russia	489	3.13	16	29	444
Saudi Arabia	293	1.87	238	0	55
Spain	378	2.42	125	60	193
Taiwan	4498	28.76	1768	1808	922
Turkey	2760	17.64	856	45	1859
USA	3726	23.82	187	684	2855
Total	15642		3581	4138	7923



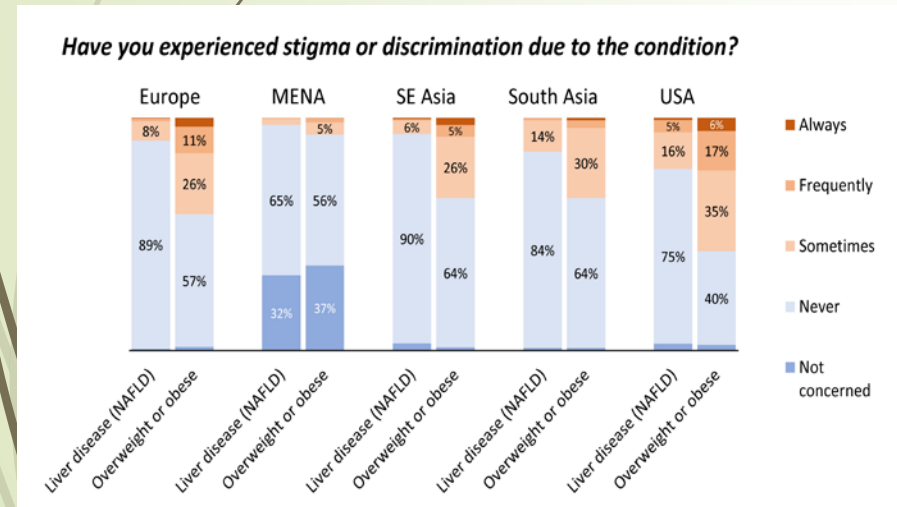
Center for Outcomes Research in Liver Disease



Global Surveys and Global Guideline
Unification

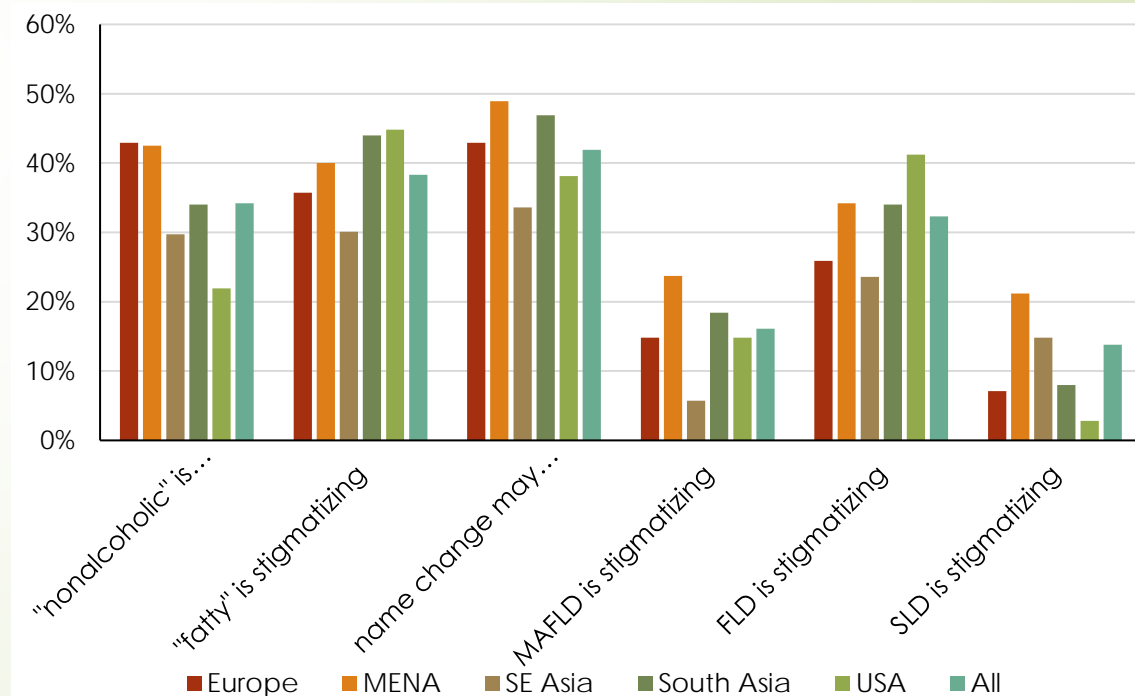
NAFLD patients and history of stigmatization/discrimination

- GNC members created 2 surveys (68-item patient and 41-item provider survey)
- 1976 NAFLD patients [21 countries) and 825 MDs completed the survey
- The most common terminology used was fatty liver and least common was MAFLD
- Overall, 25.6% of patients reported stigma related to overweight/obesity and 8.3% reported to NAFLD.
- Among providers, 40% believed "fatty" is stigmatizing, while 35% believed that the term "nonalcoholic" is stigmatizing,



Providers and perception of diagnostic terms

- Overall, FLD was perceived stigmatizing by 32.3% of providers

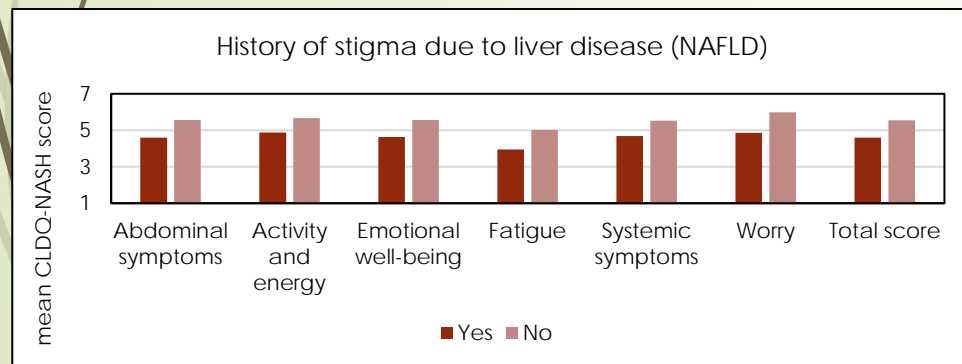
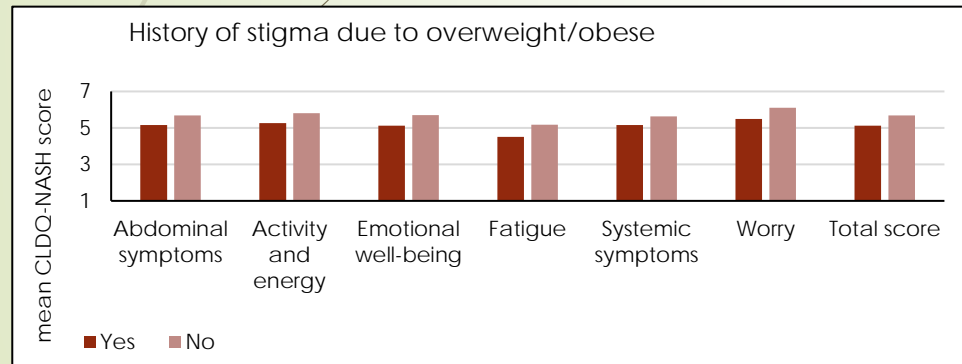


The Global NASH/MASH Council

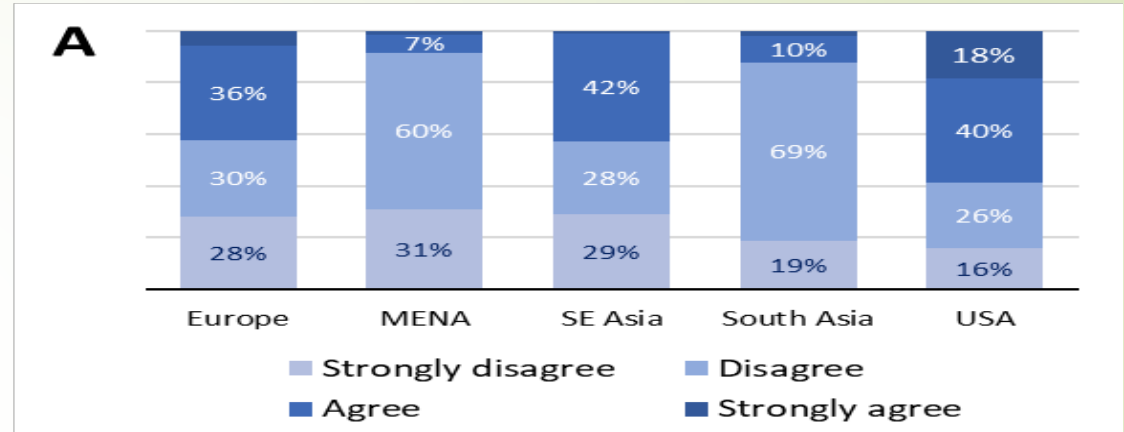
Global Stigma Study

Liver Disease Burden and HRQoL

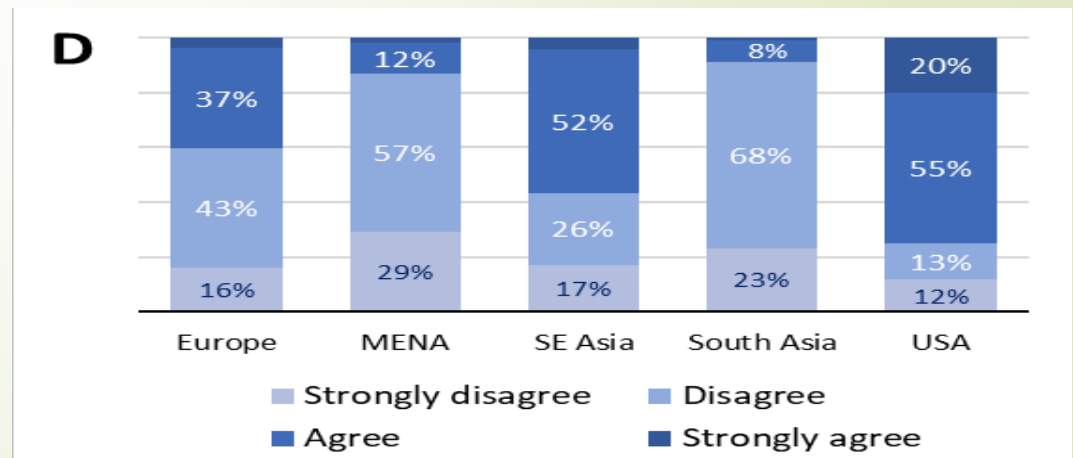
- GNC Survey included 35-item Liver Disease Burden (LDB; 7 domains) & 36-item CLDQ-NAFLD/NASH/NASH (6 domain)
- Of N=1976 NAFLD patients who completed the Stigma questionnaire, n=637 also completed the CLDQ-NAFLD
- Subjects who reported stigmatization due to NAFLD had substantially lower CLDQ-NAFLD/NASH scores (all $p < 0.0001$).
- In MVA, history of stigmatization due to NAFLD was the strongest independent predictor of lower HRQL (all $p < 0.01$).



(A) Other people think I am partially to blame for my liver disease;



(D) I feel like I am partially to blame for my liver disease.





Recent Registry Presentations and Publications



Manuscripts (2018-2022)

- The Impact of COVID-19 Pandemic and Patients with Chronic Liver Disease: Results from the Global Liver Registry. Hepatology Communications 2022
- Global NASH Council. Effects of Alcohol Consumption and Metabolic Syndrome on Mortality in Patients With Nonalcoholic and Alcohol-Related Fatty Liver Disease. Clin Gastroenterol Hepatol. 2019 Jul;17(8):1625-1633.
- Global Nonalcoholic Steatohepatitis Council. Nonalcoholic Steatohepatitis Is the Fastest Growing Cause of Hepatocellular Carcinoma in Liver Transplant Candidates. Clin Gastroenterol Hepatol. 2019 Mar;17(4):748-755.e3.doi: 10.1016/j.cgh.2018.05.057. Epub 2018 Jun 14. PubMed PMID: 29908364.

Presentations 2022

- AASLD 2022 Poster Presentation: Depression and Emotional Distress in Patients with Chronic Liver Disease (CLD): Data from the Global Liver Registry™ (GLR™)
- AASLD 2022: Poster Presentation: Clinical and Patient-Reported Outcome (PRO) Profile of Patients with Hepatitis B Viral (HBV) Infection from the Global Liver Registry™ (GLR™)
- EASL 2022 Poster Presentation: Negative Impact of COVID-19 Infection Related to Life Disruption Events and Health Scores on Patients with Chronic Liver Disease.
- EASL 2022 Poster Presentation: Clinical Presentation of Lean Non-alcoholic Fatty Liver Disease Across the World: Data from the Global NASH Registry. .

Presentations 2023

- EASL 2023: Prevalence and Predictors of Clinically Significant Pruritus in Patients with Non-alcoholic Fatty Liver Disease (NAFLD): Data from the Global NASH Registry™ (GNR™)
- DDW 2023: CLINICALLY SIGNIFICANT PRURITUS IN PATIENTS WITH CHRONIC LIVER DISEASE (CLD): DATA FROM THE GLOBAL LIVER REGISTRY™ (GLR™)

Presentations 2021

- DDW 2021 Poster Presentation with Post Distinction: Clinical Presentation and Patient-Reported Outcomes in Patients with Chronic Viral Hepatitis: Data from the Global Liver Registry
- DDW 2021 Oral Presentation: Clinical Presentation of Lean NAFLD Across the World: Data from the Global NASH Registry
- EASL 2021: The Impact of COVID 19 Pandemic on Patients with Chronic Liver Disease (CLD): Data from the Global Liver Registry
- AASLD 2021: COVID-19 PANDEMIC AND CHRONIC LIVER DISEASE (CLD), American Association for the Study of Liver Diseases. Virtual, November 2021
- AASLD 2021: FATIGUE AND NON-ALCOHOLIC FATTY LIVER DISEASE: DATA FROM THE GLOBAL NASH REGISTRY, American Association for the Study of Liver Diseases. Virtual, November 2021.

Presentations 2020

- AASLD 2020: Clinical and Patient Reported Outcomes Data of NAFLD: Longitudinal Data from the Global NASH Registry.
- AASLD 2020: The Impact of Chronic Hepatitis B on PRO's from the Global Liver Registry
- AASLD 2020: Patient Reported Outcomes in Patients with Chronic Hepatitis C: Data from the Global Liver Registry.

Presentations 2019

- AASLD 2019: Differences in the Clinical Profile of the Most Common Causes of Chronic Liver Disease (CLD) Across the World: Data from the Global Liver Registry.
- AASLD 2019: evere Impairment of PROs in Patients with Chronic Hepatitis C Virus (HCV) Infection Seen in Real-World Practices Across the World: Data from the Global Liver Registry.
- AASLD 2019: Clinical and Patient-Reported Outcomes Data for Patients with NAFLD and NASH Across the World: Data From the Global NASH Registry.
- AASLD 2019: Clinical and PROs in Patients with Chronic Hepatitis B Virus (HBV) Infection Seen in Real-World Practices Across the World: Data From the Global Liver Registry.

Enhancing the Global Implementation of MASLD Guidelines

- Over the past decade **numerous guidelines** have been published related to MASLD/NAFLD and MASH/NASH
- Guidelines have been created by national and regional liver societies (e.g., AASLD, EASL, ALEH, APASL), GI societies (e.g., AGA) and non-GI-Liver Societies (e.g., AACE, ADA, EASD, AHA).
- **There are a few challenges:**
 1. **Implementation of guidelines are always challenging**
 2. **While these guidelines are based on a similar foundation, there are certain differences in their recommendations that can potentially cause confusion in the field which may negatively impact adherence to guidance and possibly worse outcomes**
- These **discrepancies are likely contributing to ineffective implementation** of existing guidelines and is counter-productive for raising awareness
- There is a pressing need to help simplify the guidelines both across subspecialties as well as across different regions of the world
- Given the global nature of GNC, we are best positioned to address these issues

Focus and scope

- This project will engage a large group of expert from around the world in a consensus process to consider clinically relevant issues in published MASLD/MASH guidelines
- Areas of focus will include any areas of discrepancy in the following
 - **Practical approaches to risk stratification based on clinical setting (e.g. primary care, GI, endocrinology), region and resource constraints (e.g., availability and validity of different NITs)**
 - **Standard approaches for lifestyle interventions as first line treatment**
 - **Current and future medical treatment options**
 - Drugs that target risks associated with MASLD/MASH or NAFLD/NASH**
 - Drugs that specifically target the liver**
 - **How to use NITs to monitor patients on treatment**
- Understand regional differences that must be adopted based on the reality of practice
- Develop country/region specific strategies to optimize guideline implementation and increase awareness

Project aims

- The overall aim is to build consensus within the field globally, in part by **addressing areas of divergence** / disagreement in the existing guidelines
- Our goal is to contribute towards streamlining and **simplifying guidelines** and making them practically relevant
- Our goal is to understand different realities based on access to care/NIT and cultural differences in life style
- Overtime, we hope the outcomes of this project will **enhance the effective implementation** of guidelines leading to better outcomes for people living with MASLD / MASH
- Importantly, this work does not aim to replicate or replace existing guidelines, but to support their uptake and use

Engagement: The entire membership of the Global NASH Council

1. Zobair Younossi (GNC-US Hepatology and Chair)
2. Alina Allen (GNC-US hepatology)
3. Naim AL Khoury (GNC-US Hepatology)
4. Ken Cusi (GNC-US Endocrinology)
5. Michael Roden (GNC-Europe Endocrinology)
6. Scott Isaacs (GNC-US Endocrinology)
7. Shira Zelber-Sagi (GNC Nutrition Expert)
8. Lynn Gerber (GNC, Exercise and Activity Expert)
9. Laurent Castera (GNC-Europe Hepatology)
10. Jorn Schattenberg (GNC-Europe Hepatology)
11. Vincent Wong (GNC-Hong Kong Hepatology)
12. Saleh AlQahtani (GNC-MENA- Saudi Arabia Hepatology)
13. Yusuf Yilmaz (GNC-MENA-Turkey Hepatology)
14. Mohammed El-Kassas (GNC-MENA-Egypt Hepatology)
15. Ajay Duseja (GNC-India Hepatology)

16. Janus Ong (GNC-Philippines Hepatology)
17. Yuichiro Eguchi (GNC-Japan Hepatology)
18. Mário Guimarães Pessoa (GNC-Latin America Hepatology)
19. Claudia Pinto Oliveira (GNC-Latin America Hepatology)
20. Stuart Robert (GNC-Australia Hepatology)
21. Jian-Gao Fan (GNC- China Hepatology)
22. Jeffrey Lazarus (GNC-Global and Policy)
23. Achim Kautz (GNC- Patient Advocacy)
24. Manuel Romero Gomez (GNC-EU Hepatology)
25. Wendy Spearman (South Africa Hepatology)
26. Amalia Gastaldelli (GNC-EU Endocrinology)
27. Patrizia Burra(GNC-EU Hepatology)
28. Marlen Fernandez (GNC-Cuba Hepatology)
29. Frank Tacke (GNC-EU Hepatology)
30. Jay H Shubrook (GNC-US Primary Care)

Program Directors

A score team of program directors will provide support to the project: Fatema Nader, Linda Henry, Pegah Golabi, Dana Ivancovsky, Layla de Avila, Henry Mark

High-level project timeline

Establishing a steering committee

Finalize working group arrangements

Phase 2: Delphi consensus process

Peer review journal publication

January

April

May

July

August

Steering Committee
Kick off call

February

March

June

Phase 1: Guidelines
identification and review

Presentation to GNC meeting @
EASL Congress 2024 (Milan)

Quality of Life and PROs

Service Capabilities CORLD, GNC and GLC *PRO and HRQL*

- ▶ COR-LD has developed and validated 6 reliable health related quality of life (HRQL) surveys:

1. CLDQ
2. CLDQ-HBV
3. CLDQ-HCV
4. CLDQ-NAFLD-NASH
5. CLDQ-PSC
6. CLDQ-PBC



- ▶ Industry sponsored clinical trials uses validated instruments to assess PROs in patients with liver disease and CLDQ questionnaires have been extensively used and translated as it is the most reliable tool to detect changes in HRQL

Service Capabilities CORLD, GNC and GLC *Statistical Analysis*

- Provide statistical expertise and support to clinical, laboratory, and outcomes studies throughout the research lifecycle. Including the preparation of proposals, protocol development, and publications/presentations.
- Provides statistical data analysis for epidemiology and public health research projects.
- Contribute to and co-author peer-reviewed articles independently and/or in coordination with the lead author/physician.
- Prepare and review reports. Contribute to the statistical methods section and verify for completeness and consistency for reports.



CORLD Manuscripts and Presentations Related to PROs in Clinical Trials (N=151)



1: Younossi ZM, Guyatt G. Quality-of-life assessments and chronic liver disease. *Am J Gastroenterol.* 1998 Jul;93(7):1037-41. doi: 10.1111/j.1572-0241.1998.00325.x. PMID: 9672326.

2: Younossi ZM, Guyatt G, Kiwi M, Boparai N, King D. Development of a disease specific questionnaire to measure health related quality of life in patients with chronic liver disease. *Gut.* 1999 Aug;45(2):295-300. doi: 10.1136/gut.45.2.295. PMID: 10403745; PMCID: PMC1272607.

3: Younossi ZM, Singer ME, McHutchison JG, Shermock KM. Cost effectiveness of interferon alpha2b combined with ribavirin for the treatment of chronic hepatitis C. *Hepatology.* 1999 Nov;30(5):1318-24. doi: 10.1002/hep.51030051. PMID: 10534357.

4: Younossi ZM, Kiwi ML, Boparai N, Price LL, Guyatt G. Cholestatic liver diseases and health-related quality of life. *Am J Gastroenterol.* 2000 Feb;95(2):497-502. doi: 10.1111/j.1572-0241.2000.01774.x. PMID: 10685757.

5: Younossi ZM, McCormick M, Price LL, Boparai N, Farquhar L, Henderson JM, Guyatt G. Impact of liver transplantation on health-related quality of life. *Liver Transpl.* 2000 Nov;6(6):779-83. doi: 10.1053/jlts.2000.18499. PMID: 11084068.

6: Younossi ZM. Chronic liver disease and health-related quality of life. *Gastroenterology.* 2001 Jan;120(1):305-7. doi: 10.1053/gast.2001.22073. PMID 11208742.

7: Younossi ZM, Mullen KD, Zakko W, Hodnick S, Brand E, Barnes DS, Carey WD, McCullough AC, Easley K, Boparai N, Gramlich T. A randomized, double-blind controlled trial of interferon alpha-2b and ribavirin vs. interferon alpha-2b and amantadine for treatment of chronic hepatitis C non-responder to interferon monotherapy. *J Hepatol.* 2001 Jan;34(1):128-33. doi: 10.1016/s0168-8278(00)00003-9. PMID: 11211889.

8: Younossi ZM, Boparai N, McCormick M, Price LL, Guyatt G. Assessment of utilities and health-related quality of life in patients with chronic liver disease. *Am J Gastroenterol.* 2001 Feb;96(2):579-83. doi: 10.1111/j.1572-0241.2001.03537.x. PMID: 11232711.

9: Younossi ZM, Boparai N, Price LL, Kiwi ML, McCormick M, Guyatt G. Health-related quality of life in chronic liver disease: the impact of type and severity of disease. *Am J Gastroenterol.* 2001 Jul;96(7):2199-205. doi: 10.1111/j.1572-0241.2001.03956.x. PMID: 11467653.

10: Singer ME, Younossi ZM. Cost effectiveness of screening for hepatitis C virus in asymptomatic, average-risk adults. *Am J Med.* 2001 Dec 1;111(8):614-20. doi: 10.1016/s0002-9343(01)00951-2. PMID: 11755504.

11: Martin LM, Sheridan MJ, Younossi ZM. The impact of liver disease on health related quality of life: a review of the literature. *Curr Gastroenterol Rep.* 2002 Feb;4(1):79-83. doi: 10.1007/s11894-002-0041-z. PMID: 11825545.

12: Afdhal NH, Dieterich DT, Pockros PJ, Schiff ER, Shiffman ML, Sulkowski MS, Wright T, Younossi Z, Goon BL, Tang KL, Bowers PJ; Proactive Study Group. Etoposin alfa maintains ribavirin dose in HCV-infected patients: a prospective, double-blind, randomized controlled study. *Gastroenterology.* 2004 May;126(5):1302-11. doi: 10.1053/j.gastro.2004.01.027. PMID: 15131791.

13: Ong JP, Younossi ZM. Managing the hematologic side effects of antiviral therapy for chronic hepatitis C: anemia, neutropenia, and thrombocytopenia.

Cleve Clin J Med. 2004 May;71 Suppl 3:S17-21. doi: 10.3949/ccjm.71.suppl_3.s17. PMID: 15468613.

14: Pockros PJ, Shiffman ML, Schiff ER, Sulkowski MS, Younossi Z, Dieterich DT, Wright TL, Mody SH, Tang KL, Goon BL, Bowers PJ, Leitz G, Afdhal NH; PROACTIVE Study Group. Etoposin alfa improves quality of life in anemic HCV-infected patients receiving combination therapy. *Hepatology.* 2004 Dec;40(6):1450-8. doi: 10.1002/hep.20482. PMID: 15565613.

15: Mulhall BP, Younossi Z. Impact of adherence on the outcome of antiviral therapy for chronic hepatitis C. *J Clin Gastroenterol.* 2005 Jan;39(1 Suppl):S23-7. doi: 10.1097/01.mcg.0000145538.43865.72. PMID: 15597024.

16: Collantes RS, Younossi ZM. The use of growth factors to manage the hematologic side effects of PEG-interferon alfa and ribavirin. *J Clin Gastroenterol.* 2005 Jan;39(1 Suppl):S9-13. doi: 10.1097/01.mcg.0000142583.00102.45. PMID: 15597026.

17: Saab S, Ibrahim AB, Shpaner A, Younossi ZM, Lee C, Durazo F, Han S, Esrason K, Wu V, Hiatt J, Farmer DG, Ghobrial RM, Holt C, Yersiz H, Goldstein LI, Tong MJ, Busuttil RW. MELD fails to measure quality of life in liver transplant candidates. *Liver Transpl.* 2005 Feb;11(2):218-23. doi: 10.1002/lt.20345. PMID: 15666392.

18: Spiegel BM, Younossi ZM, Hays RD, Revicki D, Robbins S, Kanwal F. Impact of hepatitis C on health related quality of life: a systematic review and quantitative assessment. *Hepatology.* 2005 Apr;41(4):790-800. doi: 10.1002/hep.20659. PMID: 15791608.

19: Younossi ZM, McCullough AC, Barnes DS, Post A, Ong JP, O'Shea R, Martin LM, Bringman D, Farmer D, Levinthal G, Mullen KD, Carey WD, Tavill AS, Ferguson R, Gramlich T. Pegylated interferon alpha-2b, ribavirin and amantadine for chronic hepatitis C. *Am J Med.* 2005 May;118(5):970-5. doi: 10.1007/s10620-005-2673-y. PMID: 15906777.

20: Martin LM, Younossi ZM. Health-related quality of life (HRQL) in chronic liver disease. *Dig Liver Dis.* 2005 Nov;37(11):819-20. doi: 10.1016/j.dld.2005.04.022. Epub 2005 Jun 2. PMID: 15935747.

21: Spiegel BM, Chen K, Chiou CF, Robbins S, Younossi ZM. Erythropoietic growth factors for treatment-induced anemia in hepatitis C: a cost-effectiveness analysis. *Clin Gastroenterol Hepatol.* 2005 Oct;3(10):1034-42. doi: 10.1016/s1542-3565(05)00695-6. PMID: 16234051.

22: Martin LM, Dan AA, Younossi ZM. Measurement of health-related quality of life in patients with chronic liver disease. *Liver Transpl.* 2006 Jan;12(1):22-3. doi: 10.1002/lt.20575. PMID: 16382455.

23: Dan AA, Martin LM, Crone C, Ong JP, Farmer DW, Wise T, Robbins SC, Younossi ZM. Depression, anemia and health-related quality of life in chronic hepatitis C. *J Hepatol.* 2006 Mar;44(3):491-8. doi: 10.1016/j.jhep.2005.11.046. Epub 2005 Dec 27. PMID: 16427157.

24: Dan AA, Younossi ZM. Quality of life and liver transplantation in patients with polycystic liver disease. *Liver Transpl.* 2006 Aug;12(8):1184-5. doi: 10.1002/lt.20796. PMID: 16868956.

25: Younossi Z, Kallman J, Kincaid J. The effects of HCV infection and management on health-related quality of life. *Hepatology.* 2007 Mar;45(3):806-16.

doi: 10.1002/hep.21565. PMID: 17326207.

26: Kallman J, O'Neil MM, Larive B, Boparai N, Calabrese L, Younossi ZM. Fatigue and health-related quality of life (HRQL) in chronic hepatitis C virus infection. *Dig Dis Sci.* 2007 Oct;52(10):2531-9. doi: 10.1007/s10620-006-9708-x. Epub 2007 Apr 4. PMID: 17406828.

27: Dan AA, Crone C, Wise TN, Martin LM, Ramsey L, Magee S, Sjogren R, Ong JP, Younossi ZM. Anger experiences among hepatitis C patients: relationship to depressive symptoms and health-related quality of life. *Psychosomatics.* 2007 May-Jun;48(3):223-9. doi: 10.1176/appi.psy.48.3.223. PMID: 17478591.

28: Spiegel BM, Bolus R, Han S, Tong M, Esrailian E, Talley J, Tran T, Smith J, Karsan HA, Durazo F, Bacon B, Martin P, Younossi Z, Hwa-Ong S, Kanwal F. Development and validation of a disease-targeted quality of life instrument in chronic hepatitis B: the hepatitis B quality of life instrument, version 1.0. *Hepatology.* 2007 Jul;46(1):113-21. doi: 10.1002/hep.21692. PMID: 17596882.

29: Dan AA, Kallman JB, Wheeler A, Younoszai Z, Collantes R, Bondini S, Gerber L, Younossi ZM. Health-related quality of life in patients with non-alcoholic fatty liver disease. *Aliment Pharmacol Ther.* 2007 Sep 15;26(6):815-20. doi: 10.1111/j.1365-2036.2007.03426.x. PMID: 17767465.

30: Bondini S, Kallman J, Dan A, Younoszai Z, Ramsey L, Nader F, Younossi ZM. Health-related quality of life in patients with chronic hepatitis B. *Liver Int.* 2007 Oct;27(8):1119-25. doi: 10.1111/j.1478-3231.2007.01558.x. PMID: 17845541.

31: Younossi ZM, Nader FH, Bai C, Sjogren R, Ong JP, Collantes R, Sjogren M, Farmer D, Ramsey L, Terra K, Gujral H, Gurung C, Srishord M, Fang Y. A phase II dose finding study of darbepoetin alpha and filgrastim for the management of anaemia and neutropenia in chronic hepatitis C treatment. *J Viral Hepat.* 2008 May;15(5):370-8. doi: 10.1111/j.1365-2893.2007.00956.x. Epub 2008 Jan 10. PMID: 18194172.

32: Dan AA, Kallman JB, Srivastava R, Younoszai Z, Kim A, Younossi ZM. Impact of chronic liver disease and cirrhosis on health utilities using SF-6D and the health utility index. *Liver Transpl.* 2008 Mar;14(3):321-6. doi: 10.1002/lt.21376. PMID: 18306356.

33: Schulz KH, Kroencke S, Ewers H, Schulz H, Younossi ZM. The factorial structure of the Chronic Liver Disease Questionnaire (CLDQ). *Qual Life Res.* 2008 May;17(4):575-84. doi: 10.1007/s11136-008-9332-7. PMID: 18389385.

34: Dan AA, Younossi ZM. Long-term improvement in health-related quality of life after orthotopic liver transplantation. *Liver Transpl.* 2008 Oct;14(10):1404-5. doi: 10.1002/lt.21551. PMID: 18825679.

35: Afendy A, Kallman JB, Stepanova M, Younoszai Z, Aquino RD, Bianchi G, Marchesini G, Younossi ZM. Predictors of health-related quality of life in patients with chronic liver disease. *Aliment Pharmacol Ther.* 2009 Sep 1;30(5):469-76. doi: 10.1111/j.1365-2036.2009.04061.x. Epub 2009 Jun 9. PMID: 19508612.

36: Two R, Verjee-Lorenz A, Claydon D, Dalal M, Grotzinger K, Younossi ZM. A methodology for successfully producing global translations of patient reported outcome measures for use in multiple countries. *Value Health.* 2010 Jan-Feb;13(1):128-31. doi: 10.1111/j.1524-4733.2009.00585.x. Epub 2009 Aug 20. PMID: 19695006.

37: Jacobson IM, Cacoub P, Dal Maso L, Harrison SA, Younossi ZM. Manifestations

of chronic hepatitis C virus infection beyond the liver. *Clin Gastroenterol Hepatol.* 2010 Dec;8(12):1017-29. doi: 10.1016/j.cgh.2010.08.026. Epub 2010 Sep 24. PMID: 20870037.

38: Ong JP, Oehler G, Krüger-Jansen C, Lambert-Baumann J, Younossi ZM. Oral L-ornithine-L-aspartate improves health-related quality of life in cirrhotic patients with hepatic encephalopathy: an open-label, prospective, multicentre observational study. *Clin Drug Invest.* 2011;31(4):213-20. doi: 10.2165/11586700-000000000-00000. PMID: 21208014.

39: Weinstein AA, Kallman Price J, Stepanova M, Poms LW, Fang Y, Moon J, Nader F, Younossi ZM. Depression in patients with nonalcoholic fatty liver disease and chronic viral hepatitis B and C. *Psychosomatics.* 2011 Mar-Apr;52(2):127-32. doi: 10.1016/j.psych.2010.12.019. PMID: 21397104.

40: Saab S, Ng V, Landaverde C, Lee SJ, Comulada WS, Arevalo J, Durazo F, Han SH, Younossi Z, Busuttil RW. Development of a disease-specific questionnaire to measure health-related quality of life in liver transplant recipients. *Liver Transpl.* 2011 May;17(5):567-79. doi: 10.1002/lt.22267. PMID: 21506245.

41: Saab S, Bownik H, Ayoub N, Younossi Z, Durazo F, Han S, Hong JC, Farmer D, Busuttil RW. Differences in health-related quality of life scores after orthotopic liver transplantation with respect to selected socioeconomic factors. *Liver Transpl.* 2011 May;17(5):580-90. doi: 10.1002/lt.22268. PMID: 21506246.

42: Sanyal A, Younossi ZM, Bass NM, Mullen KD, Poordad F, Brown RS, Vemuru RP, Mazen Jamal M, Huang S, Merchant K, Bortey E, Forbes WP. Randomised clinical trial: rifaximin improves health-related quality of life in cirrhotic patients with hepatic encephalopathy - a double-blind placebo-controlled study. *Aliment Pharmacol Ther.* 2011 Oct;34(8):853-61. doi: 10.1111/j.1365-2036.2011.04808.x. Epub 2011 Aug 17. PMID: 21848797.

43: McGarry LJ, Pawar VS, Panchmatia HR, Rubin JL, Davis GL, Younossi ZM, Capretta JC, O'Grady MJ, Weinstein MC. Economic model of a birth cohort screening program for hepatitis C virus. *Hepatology.* 2012 May;55(5):1344-55. doi: 10.1002/hep.25510. Epub 2012 Mar 18. PMID: 22135116.

44: Loria A, Escheik C, Gerber NL, Younossi ZM. Quality of life in cirrhosis. *Curr Gastroenterol Rep.* 2013 Jan;15(1):301. doi: 10.1007/s11894-012-0301-5. PMID: 23250701.

45: Vera-Llonch M, Martin M, Aggarwal J, Donepudi M, Bayliss M, Goss T, Younossi Z. Health-related quality of life in genotype 1 treatment-naïve chronic hepatitis C patients receiving telaprevir combination treatment in the ADVANCE study. *Aliment Pharmacol Ther.* 2013 Jul;38(2):124-33. doi: 10.1111/apt.12354. Epub 2013 Jun 3. PMID: 23725204.

46: Popovic DDJ, Kovacevic NV, Kisis Tepavcevic DB, Trajkovic GZ, Alempijevic TM, Spuran MM, Krstic MN, Jesic RS, Younossi ZM, Pekmezovic TD. Validation of the chronic liver disease questionnaire in Serbian patients. *World J Gastroenterol.* 2013 Aug 14;19(30):4950-7. doi: 10.3748/wjg.v19.i30.4950. PMID: 23946600; PMCID: PMC3740425.

47: Younossi ZM, Singer ME, Mir HM, Henry L, Hunt S. Impact of interferon free regimens on clinical and cost outcomes for chronic hepatitis C genotype 1 patients. *J Hepatol.* 2014 Mar;60(3):530-7. doi: 10.1016/j.jhep.2013.11.009. Epub 2013 Nov 19. PMID: 24269472.

48: Younossi ZM, Stepanova M, Henry L, Gane E, Jacobson IM, Lawitz E, Nelson D,



Gerber L, Nader F, Hunt S. Effects of sofosbuvir-based treatment, with and without interferon, on outcome and productivity of patients with chronic hepatitis C. *Clin Gastroenterol Hepatol*. 2014 Aug;12(8):1349-59.e13. doi: 10.1016/j.cgh.2013.11.032. Epub 2013 Dec 6. PMID: 24316172.

49: Younossi ZM, Stepanova M, Henry L, Gane E, Jacobson IM, Lawitz E, Nelson D, Nader F, Hunt S. Minimal impact of sofosbuvir and ribavirin on health related quality of life in chronic hepatitis C (CH-C). *J Hepatol*. 2014 Apr;60(4):741-7. doi: 10.1016/j.jhep.2013.12.006. Epub 2013 Dec 11. PMID: 24333184.

50: Younossi ZM, Kanwal F, Saab S, Brown KA, El-Serag HB, Kim WR, Ahmed A, Kugelmas M, Gordon SC. The impact of hepatitis C burden: an evidence-based approach. *Aliment Pharmacol Ther*. 2014 Mar;39(5):518-31. doi: 10.1111/apt.12625. Epub 2014 Jan 26. PMID: 24461160.

51: Younossi ZM, Stepanova M, Nader F, Jacobson IM, Gane E, Nelson D, Lawitz E, Hunt SL. Patient-reported outcomes in chronic hepatitis C patients with cirrhosis treated with sofosbuvir-containing regimens. *Hepatology*. 2014 Jun;59(6):2161-9. doi: 10.1002/hep.27161. Epub 2014 Apr 30. PMID: 24710669.

52: Stepanova M, Nader F, Cure S, Bourhis F, Hunt S, Younossi ZM. Patients' preferences and health utility assessment with SF-6D and EQ-5D in patients with chronic hepatitis C treated with sofosbuvir regimens. *Aliment Pharmacol Ther*. 2014 Sep;40(6):676-85. doi: 10.1111/apt.12880. Epub 2014 Jul 15. PMID: 25040192.

53: Saab S, Gordon SC, Park H, Sulkowski M, Ahmed A, Younossi Z. Cost-effectiveness analysis of sofosbuvir plus peginterferon/ribavirin in the treatment of chronic hepatitis C virus genotype 1 infection. *Aliment Pharmacol Ther*. 2014 Sep;40(6):657-75. doi: 10.1111/apt.12871. Epub 2014 Jul 28. PMID: 25065960.

54: Younossi Z, Henry L. The impact of the new antiviral regimens on patient reported outcomes and health economics of patients with chronic hepatitis C. *Dig Liver Dis*. 2014 Dec 15;46 Suppl 5:S186-96. doi: 10.1016/j.dld.2014.09.025. Epub 2014 Nov 10. PMID: 25458773.

55: Younossi ZM, Stepanova M, Sulkowski M, Naggie S, Puoti M, Orkin C, Hunt SL. Sofosbuvir and Ribavirin for Treatment of Chronic Hepatitis C in Patients Coinfected With Hepatitis C Virus and HIV: The Impact on Patient-Reported Outcomes. *J Infect Dis*. 2015 Aug 1;212(3):367-77. doi: 10.1093/infdis/jiv005. Epub 2015 Jan 12. PMID: 25583164; PMCID: PMC5007583.

56: Younossi Z, Henry L. Systematic review: patient-reported outcomes in chronic hepatitis C--the impact of liver disease and new treatment regimens. *Aliment Pharmacol Ther*. 2015 Mar;41(6):497-520. doi: 10.1111/apt.13090. Epub 2015 Jan 23. PMID: 25616122.

57: Younossi ZM, Park H, Saab S, Ahmed A, Dieterich D, Gordon SC. Cost-effectiveness of all-oral ledipasvir/sofosbuvir regimens in patients with chronic hepatitis C virus genotype 1 infection. *Aliment Pharmacol Ther*. 2015 Mar;41(6):544-63. doi: 10.1111/apt.13081. Epub 2015 Jan 26. PMID: 25619871.

58: Younossi ZM, Stepanova M, Marcellin P, Afdhal N, Kowdley KV, Zeuzem S, Hunt SL. Treatment with ledipasvir and sofosbuvir improves patient-reported outcomes: Results from the ION-1, -2, and -3 clinical trials. *Hepatology*. 2015 Jun;61(6):1798-808. doi: 10.1002/hep.27724. Epub 2015 Mar 18. PMID: 25627448.

59: Younossi ZM, Stepanova M, Afdhal N, Kowdley KV, Zeuzem S, Henry L, Hunt SL, Marcellin P. Improvement of health-related quality of life and work productivity

in chronic hepatitis C patients with early and advanced fibrosis treated with ledipasvir and sofosbuvir. *J Hepatol*. 2015 Aug;63(2):337-45. doi: 10.1016/j.jhep.2015.03.014. Epub 2015 Mar 17. PMID: 25795586.

60: Younossi ZM, Stepanova M, Nader F, Lam B, Hunt S. The patient's journey with chronic hepatitis C from interferon plus ribavirin to interferon- and ribavirin-free regimens: a study of health-related quality of life. *Aliment Pharmacol Ther*. 2015 Aug;42(3):286-95. doi: 10.1111/apt.13269. Epub 2015 Jun 9. PMID: 26059536.

61: Younossi Z, Henry L. Overall health-related quality of life in patients with end-stage liver disease. *Clin Liver Dis (Hoboken)*. 2015 Jul 28;6(1):9-14. doi: 10.1002/cld.480. PMID: 31040976; PMCID: PMC6490633.

62: Younossi ZM, Henry L. Economic and Quality-of-Life Implications of Non-Alcoholic Fatty Liver Disease. *Pharmacoeconomics*. 2015 Dec;33(12):1245-53. doi: 10.1007/s40273-015-0316-5. PMID: 26233836.

63: Lam BP, Jeffers T, Younossi Z, Fazel Y, Younossi ZM. The changing landscape of hepatitis C virus therapy: focus on interferon-free treatment. *Therap Adv Gastroenterol*. 2015 Sep;8(5):298-312. doi: 10.1177/1756283X15587481. PMID: 26327920; PMCID: PMC4530432.

64: Younossi ZM, Stepanova M, Nader F, Henry L. Patient-Reported Outcomes of Elderly Adults with Chronic Hepatitis C Treated with Interferon- and Ribavirin-Free Regimens. *J Am Geriatr Soc*. 2016 Feb;64(2):386-93. doi: 10.1111/jgs.13928. Epub 2016 Jan 30. PMID: 26825683.

65: Golabi P, Otgonsuren M, Cable R, Felix S, Koenig A, Sayiner M, Younossi ZM. Non-alcoholic Fatty Liver Disease (NAFLD) is associated with impairment of Health Related Quality of Life (HRQL). *Health Qual Life Outcomes*. 2016 Feb 9;14:18. doi: 10.1186/s12955-016-0420-z. PMID: 26860700; PMCID: PMC4746896.

66: Younossi Z, Park H, Henry L, Adeyemi A, Stepanova M. Extrahepatic Manifestations of Hepatitis C: A Meta-analysis of Prevalence, Quality of Life, and Economic Burden. *Gastroenterology*. 2016 Jun;150(7):1599-1608. doi: 10.1053/j.gastro.2016.02.039. Epub 2016 Feb 26. PMID: 26924097.

67: Stepanova M, Younossi Z. Letter: new treatments for hepatitis C have implications for quality of life in people who inject drug--authors' reply. *Aliment Pharmacol Ther*. 2016 Apr;43(7):841-2. doi: 10.1111/apt.13545. PMID: 26932413.

68: Younossi ZM, Stepanova M, Chan HLY, Lee MH, Yu ML, Dan YY, Choi MS, Henry L. Patient-reported Outcomes in Asian Patients With Chronic Hepatitis C Treated With Ledipasvir and Sofosbuvir. *Medicine (Baltimore)*. 2016 Mar;95(9):e2702. doi: 10.1097/MD.0000000000002702. PMID: 26945356; PMCID: PMC4782840.

69: Younossi ZM, Stepanova M, Feld J, Zeuzem S, Jacobson I, Agarwal K, Hezode C, Nader F, Henry L, Hunt S. Sofosbuvir/velpatasvir improves patient-reported outcomes in HCV patients: Results from ASTRAL-1 placebo-controlled trial. *J Hepatol*. 2016 Jul;65(1):33-39. doi: 10.1016/j.jhep.2016.02.042. Epub 2016 Mar 5. PMID: 26956698.

70: Younossi Z, Henry L. Contribution of Alcoholic and Nonalcoholic Fatty Liver Disease to the Burden of Liver-Related Morbidity and Mortality. *Gastroenterology*. 2016 Jun;150(8):1778-85. doi: 10.1053/j.gastro.2016.03.005. Epub 2016 Mar 12. PMID: 26980624.

71: Younossi ZM, Stepanova M, Henry L, Younossi I, Weinstein A, Nader F, Hunt S.

Association of work productivity with clinical and patient-reported factors in patients infected with hepatitis C virus. *J Viral Hepat*. 2016 Aug;23(8):623-30. doi: 10.1111/jvh.12528. Epub 2016 Mar 14. PMID: 26988765.

72: Grotzinger KM, Younossi ZM, Giannini EG, Chen PJ, Rendas-Baum R, Theodore D. Health-related quality of life in thrombocytopenic patients with chronic hepatitis C with or without cirrhosis in the ENABLE-1 and ENABLE-2 studies. *Health Qual Life Outcomes*. 2016 Mar 22;14:49. doi: 10.1186/s12955-016-0447-1. PMID: 27004952; PMCID: PMC4802726.

73: Younossi ZM, LaLuna LL, Santoro JJ, Mendes F, Araya V, Ravendhran N, Pedicone L, Lio I, Nader F, Hunt S, Racila A, Stepanova M. Implementation of baby boomer hepatitis C screening and linking to care in gastroenterology practices: a multi-center pilot study. *BMC Gastroenterol*. 2016 Apr 4;16:45. doi: 10.1186/s12876-016-0438-z. PMID: 27044402; PMCID: PMC4820944.

74: Younossi ZM, Stepanova M, Sulkowski M, Foster GR, Reau N, Mangia A, Patel K, Bräu N, Roberts SK, Afdhal N, Nader F, Henry L, Hunt S. Ribavirin-Free Regimen With Sofosbuvir and Velpatasvir Is Associated With High Efficacy and Improvement of Patient-Reported Outcomes in Patients With Genotypes 2 and 3 Chronic Hepatitis C: Results From Astral-2 and -3 Clinical Trials. *Clin Infect Dis*. 2016 Oct 15;63(8):1042-1048. doi: 10.1093/cid/ciw496. Epub 2016 Jul 20. PMID: 27444413; PMCID: PMC6276885.

75: Younossi ZM, Stepanova M, Omata M, Mizokami M, Walters M, Hunt S. Quality of life of Japanese patients with chronic hepatitis C treated with ledipasvir and sofosbuvir. *Medicine (Baltimore)*. 2016 Aug;95(33):e4243. doi: 10.1097/MD.0000000000004243. PMID: 27537553; PMCID: PMC5370780.

76: Younossi ZM, Stepanova M, Henry L. Performance and Validation of Chronic Liver Disease Questionnaire-Hepatitis C Version (CLDQ-HCV) in Clinical Trials of Patients with Chronic Hepatitis C. *Value Health*. 2016 Jul-Aug;19(5):544-51. doi: 10.1016/j.jval.2016.02.005. Epub 2016 Apr 26. PMID: 27565271.

77: Younossi ZM, Biredinc A, Henry L. Hepatitis C infection: A multi-faceted systemic disease with clinical, patient reported and economic consequences. *J Hepatol*. 2016 Oct;65(1 Suppl):S109-S119. doi: 10.1016/j.jhep.2016.07.005. PMID: 27641981.

78: Sayiner M, Stepanova M, Pham H, Noor B, Walters M, Younossi ZM. Assessment of health utilities and quality of life in patients with non-alcoholic fatty liver disease. *BMJ Open Gastroenterol*. 2016 Aug 16;3(1):e000106. doi: 10.1136/bmjgast-2016-000106. PMID: 27648297; PMCID: PMC5013331.

79: Younossi ZM, Park H, Dieterich D, Saab S, Ahmed A, Gordon SC. Assessment of cost of innovation versus the value of health gains associated with treatment of chronic hepatitis C in the United States: The quality-adjusted cost of care. *Medicine (Baltimore)*. 2016 Oct;95(41):e5048. doi: 10.1097/MD.0000000000005048. PMID: 27741116; PMCID: PMC5072943.

80: Younossi ZM, Tanaka A, Eguchi Y, Lim YS, Yu ML, Kawada N, Dan YY, Brooks-Rooney C, Negro F, Mondelli MU. The impact of hepatitis C virus outside the liver: Evidence from Asia. *Liver Int*. 2017 Feb;37(2):159-172. doi: 10.1111/liv.13272. Epub 2016 Nov 10. PMID: 27748564.

81: Stepanova M, De Avila L, Afendy M, Younossi I, Pham H, Cable R, Younossi ZM. Direct and Indirect Economic Burden of Chronic Liver Disease in the United States. *Clin Gastroenterol Hepatol*. 2017 May;15(5):759-766.e5. doi:

10.1016/j.cgh.2016.07.020. Epub 2016 Jul 25. PMID: 27464590.

82: Younossi ZM, Stepanova M, Sulkowski M, Naggie S, Henry L, Hunt S. Sofosbuvir and ledipasvir improve patient-reported outcomes in patients co-infected with hepatitis C and human immunodeficiency virus. *J Viral Hepat*. 2016 Nov;23(11):857-865. doi: 10.1111/jvh.12554. Epub 2016 Jun 13. PMID: 27291391.

83: Younossi ZM, Park H, Dieterich D, Saab S, Ahmed A, Gordon SC. The value of cure associated with treating treatment-naïve chronic hepatitis C genotype 1: Are the new all-oral regimens good value to society? *Liver Int*. 2017 May;37(5):662-668. doi: 10.1111/liv.13298. Epub 2016 Nov 29. PMID: 27804195.

84: Younossi ZM, Stepanova M, Feld J, Zeuzem S, Sulkowski M, Foster GR, Mangia A, Charlton M, O'Leary JG, Curry MP, Nader F, Henry L, Hunt S. Sofosbuvir and Velpatasvir Combination Improves Patient-reported Outcomes for Patients With H Infection, Without or With Compensated or Decompensated Cirrhosis. *Clin Gastroenterol Hepatol*. 2017 Mar;15(3):421-430.e6. doi: 10.1016/j.cgh.2016.10.037. Epub 2016 Nov 12. PMID: 27847279.

85: Younossi Z, Stepanova M, Omata M, Mizokami M, Walters M, Hunt S. Health utilities using SF-6D scores in Japanese patients with chronic hepatitis C treated with sofosbuvir-based regimens in clinical trials. *Health Qual Life Outcomes*. 2017 Jan 31;15(1):25. doi: 10.1186/s12955-017-0598-8. PMID: 2814333; PMCID: PMC5282717.

86: Younossi ZM, Stepanova M, Esteban R, Jacobson I, Zeuzem S, Sulkowski M, Henry L, Nader F, Cable R, Afendy M, Hunt S. Superiority of Interferon-Free Regimens for Chronic Hepatitis C: The Effect on Health-Related Quality of Life and Work Productivity. *Medicine (Baltimore)*. 2017 Feb;96(7):e5914. doi: 10.1097/MD.0000000000005914. PMID: 28207507; PMCID: PMC5319496.

87: Younossi ZM, Stepanova M, Henry L, Racila A, Lam B, Pham HT, Hunt S. A disease-specific quality of life instrument for non-alcoholic fatty liver disease and non-alcoholic steatohepatitis: CLDQ-NAFLD. *Liver Int*. 2017 Aug;37(8):1209-1218. doi: 10.1111/liv.13391. Epub 2017 Mar 13. PMID: 28211166.

88: Weinstein AA, Diao G, Baghi H, Escheik C, Gerber LH, Younossi ZM. Demonstration of two types of fatigue in subjects with chronic liver disease using factor analysis. *Qual Life Res*. 2017 Jul;26(7):1777-1784. doi: 10.1007/s11136-017-1516-6. Epub 2017 Feb 21. PMID: 28224256.

89: Younossi Z, Gordon SC, Ahmed A, Dieterich D, Saab S, Beckerman R. Treating Medicaid patients with hepatitis C: clinical and economic impact. *Am J Manag Care*. 2017 Feb;23(2):107-112. PMID: 28245654.

90: Manns MP, Buti M, Gane E, Pawlotsky JM, Razavi H, Terrault N, Younossi Z. Hepatitis C virus infection. *Nat Rev Dis Primers*. 2017 Mar 2;3:17006. doi: 10.1038/nrdp.2017.6. PMID: 28252637.

91: Ahmed A, Gonzalez SA, Cholankeril G, Perumpail RB, McGinnis J, Saab S, Beckerman R, Younossi ZM. Treatment of patients waitlisted for liver transplant with all-oral direct-acting antivirals is a cost-effective treatment strategy in the United States. *Hepatology*. 2017 Jul;66(1):46-56. doi: 10.1002/hep.29137. Epub 2017 May 27. PMID: 28257591.

92: Carrieri MP, Protopopescu C, Younossi Z, Vilotitch A, Fontaine H, Petrov-Sanchez V, Marcellin F, Carrat F, Hézode C, Bourlière M; CUPIC Study Group. Health-Related Quality of Life in Chronic HCV-Infected Patients Switching to Pegylated-Interferon-Free Regimens (ANRS CO20 CUPIC Cohort Study and SIRIUS



CORLD-PRO Publications



Trial). Patient. 2017 Oct;10(5):605-614. doi: 10.1007/s40271-017-0232-1. PMID: 28353221.

93: Younossi ZM, Stepanova M, Sulkowski M, Wyles D, Kottlitz S, Hunt S. Patient-reported outcomes in patients co-infected with hepatitis C virus and human immunodeficiency virus treated with sofosbuvir and velpatasvir: The ASTRAL-5 study. *Liver Int.* 2017 Dec;37(12):1796-1804. doi: 10.1111/liv.13462. Epub 2017 May 25. PMID: 28470938.

94: Bureau C, Adebayo D, Chalret de Rieu M, Elkrief L, Valla D, Peck-Radosavljevic M, McCune A, Vargas V, Simon-Talero M, Cordoba J, Angeli P, Rossi S, MacDonald S, Malago M, Stepanova M, Younossi ZM, Trepte C, Watson R, Borisenko O, Sun S, Inhaber N, Jalan R. Alfapump® system vs. large volume paracentesis for refractory ascites: A multicenter randomized controlled study. *J Hepatol.* 2017 Nov;67(5):940-949. doi: 10.1016/j.jhep.2017.06.010. Epub 2017 Jun 21. Erratum in: *J Hepatol.* 2018 Jan 29; [Erratum in: *J Hepatol.* 2020 Mar;72(3):595-596. PMID: 28645737.

95: Golabi P, Sayiner M, Bush H, Gerber LH, Younossi ZM. Patient-Reported Outcomes and Fatigue in Patients with Chronic Hepatitis C Infection. *Clin Liver Dis.* 2017 Aug;21(3):565-578. doi: 10.1016/j.cld.2017.03.011. Epub 2017 Apr 26. PMID: 28689594.

96: Stepanova M, Younossi ZM. Economic Burden of Hepatitis C Infection. *Clin Liver Dis.* 2017 Aug;21(3):579-594. doi: 10.1016/j.cld.2017.03.012. Epub 2017 Apr 22. PMID: 28689595.

97: Younossi Z, Blissett D, Blissett R, Henry L, Younossi Y, Beckerman R, Hunt S. In an era of highly effective treatment, hepatitis C screening of the United States general population should be considered. *Liver Int.* 2018 Feb;38(2):258-265. doi: 10.1111/liv.13519. Epub 2017 Aug 24. PMID: 28719013.

98: Younossi ZM, Stepanova M, Balistreri W, Schwarz K, Murray KF, Rosenthal P, Bansal S, Hunt S. Health-related Quality of Life in Adolescent Patients With Hepatitis C Genotype 1 Treated With Sofosbuvir and Ledipasvir. *J Pediatr Gastroenterol Nutr.* 2018 Jan;66(1):112-116. doi: 10.1097/MPG.0000000000001754. PMID: 28957984.

99: Fukui N, Golabi P, Otgonsuren M, Mishra A, Venkatesan C, Younossi ZM. Demographics, Resource Utilization, and Outcomes of Elderly Patients With Chronic Liver Disease Receiving Hospice Care in the United States. *Am J Gastroenterol.* 2017 Nov;112(11):1700-1708. doi: 10.1038/ajg.2017.290. Epub 2017 Oct 10. PMID: 29016566.

100: Younossi ZM, Henry L, Bush H, Mishra A. Clinical and Economic Burden of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis. *Clin Liver Dis.* 2018 Feb;22(1):1-10. doi: 10.1016/j.cld.2017.08.001. Epub 2017 Oct 14. PMID: 29128049.

101: Younossi ZM, Afendy A, Stepanova M, Racila A, Nader F, Gomel R, Safer R, Lenderking WR, Skalicky A, Kleinman L, Myers RP, Subramanian GM, McHutchison JG, Levy C, Bowlus CL, Kowdley K, Muir AJ. Development and validation of a primary sclerosing cholangitis-specific patient-reported outcomes instrument: The PSC PRO. *Hepatology.* 2018 Jul;68(1):155-165. doi: 10.1002/hep.29664. Epub 2018 May 10. PMID: 29152767.

102: Younossi ZM, Stepanova M, Schwarz KB, Wirth S, Rosenthal P, Gonzalez-Peralta R, Murray K, Henry L, Hunt S. Quality of life in adolescents with

hepatitis C treated with sofosbuvir and ribavirin. *J Viral Hepat.* 2018 Apr;25(4):354-362. doi: 10.1111/jvh.12830. Epub 2017 Dec 26. PMID: 29193603.

103: Younossi ZM, Stepanova M, Henry L, Han KH, Ahn SH, Lim YS, Chuang WL, Kao JH, Kinh N, Lai CL, Yuen MF, Chan HL, Lai W. The effect of interferon-free regimens on health-related quality of life in East Asian patients with chronic hepatitis C. *Liver Int.* 2018 Jul;38(7):1179-1187. doi: 10.1111/liv.13650. Epub 2018 Jan 25. PMID: 29197140.

104: Younossi ZM. Editorial: direct-acting antivirals significantly improve quality of life in patients with hepatitis C virus infection-Author's reply. *Aliment Pharmacol Ther.* 2018 Feb;47(4):537-538. doi: 10.1111/apt.14481. PMID: 29341278.

105: Younossi ZM, Stepanova M, Lawitz E, Charlton M, Loomba R, Myers RP, Subramanian M, McHutchison JG, Goodman Z. Improvement of hepatic fibrosis and patient-reported outcomes in non-alcoholic steatohepatitis treated with selonsertib. *Liver Int.* 2018 Oct;38(10):1849-1859. doi: 10.1111/liv.13706. Epub 2018 Feb 22. PMID: 29377462.

106: Stepanova M, Nader F, Bureau C, Adebayo D, Elkrief L, Valla D, Peck-Radosavljevic M, McCune A, Vargas V, Simon-Talero M, Cordoba J, Angeli P, Rossi S, MacDonald S, Capel J, Jalan R, Younossi ZM. Patients with refractory ascites treated with alfapump® system have better health-related quality of life as compared to those treated with large volume paracentesis: the results of a multicenter randomized controlled study. *Qual Life Res.* 2018 Jun;27(6):1513-1520. doi: 10.1007/s11136-018-1813-8. Epub 2018 Feb 19. PMID: 29460201.

107: Younossi ZM, Tanaka A, Eguchi Y, Henry L, Beckerman R, Mizokami M. Treatment of hepatitis C virus leads to economic gains related to reduction in cases of hepatocellular carcinoma and decompensated cirrhosis in Japan. *J Viral Hepat.* 2018 Aug;25(8):945-951. doi: 10.1111/jvh.12886. Epub 2018 Mar 14. PMID: 29478258.

108: Younossi ZM, Stepanova M, Janssen HLA, Agarwal K, Nguyen MH, Gane E, Tsai N, Younossi I, Racila A. Effects of Treatment of Chronic Hepatitis B Virus Infection on Patient-Reported Outcomes. *Clin Gastroenterol Hepatol.* 2018 Oct;16(10):1641-1649.e6. doi: 10.1016/j.cgh.2018.02.037. Epub 2018 Mar 2. PMID: 29505905.

109: Stepanova M, Younossi I, Racila A, Younossi ZM. Prediction of Health Utility Scores in Patients with Chronic Hepatitis C Using the Chronic Liver Disease Questionnaire-Hepatitis C Version (CLDQ-HCV). *Value Health.* 2018 May;21(5):612-621. doi: 10.1016/j.jval.2017.10.005. Epub 2017 Dec 6. PMID: 29753360.

110: Younossi ZM, Stepanova M, Reddy R, Manns MP, Bourliere M, Gordon SC, Schiff E, Tran T, Younossi I, Racila A. Viral eradication is required for sustained improvement of patient-reported outcomes in patients with hepatitis C. *Liver Int.* 2019 Jan;39(1):54-59. doi: 10.1111/liv.13900. Epub 2018 Jul 15. PMID: 29893462.

111: Younossi ZM, Stepanova M, Henry L, Han KH, Ahn SH, Lim YS, Chuang WL, Kao JH, Nguyen KV, Lai CL, Chan HL, Wei L. Sofosbuvir and ledipasvir are associated with high sustained virologic response and improvement of health-related quality of life in East Asian patients with hepatitis C virus infection. *J Viral Hepat.*

2018 Dec;25(12):1429-1437. doi: 10.1111/jvh.12965. Epub 2018 Aug 22. PMID: 29974665.

112: Younossi ZM. Patient-Reported Outcomes and the Economic Effects of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis: The Value Proposition. *Hepatology.* 2018 Dec;68(6):2405-2412. doi: 10.1002/hep.30125. PMID: 30070714.

113: Takahashi A, Moriya K, Ohira H, Arinaga-Hino T, Zeniya M, Torimura T, Abe M, Takaki A, Kang JH, Inui A, Fujisawa T, Yoshizawa K, Suzuki Y, Nakamoto N, Koike K, Yoshiji H, Goto A, Tanaka A, Younossi ZM, Takikawa H; Japan AIH Study Group. Health-related quality of life in patients with autoimmune hepatitis: A questionnaire survey. *PLoS One.* 2018 Oct 4;13(10):e0204772. doi: 10.1371/journal.pone.0204772. PMID: 30286131; PMCID: PMC6171853.

114: Cacoub P, Bourliere M, Asselah T, De Ledinghen V, Mathurin P, Hézode C, Henry L, Stepanova M, Younossi ZM. French Patients with Hepatitis C Treated with Direct-Acting Antiviral Combinations: The Effect on Patient-Reported Outcomes. *Value Health.* 2018 Oct;21(10):1218-1225. doi: 10.1016/j.jval.2018.01.006. Epub 2018 Feb 21. PMID: 30314623.

115: Younossi ZM. Non-alcoholic fatty liver disease - A global public health perspective. *J Hepatol.* 2019 Mar;70(3):531-544. doi: 10.1016/j.jhep.2018.10.033. Epub 2018 Nov 9. PMID: 30414863.

116: Younossi ZM, Stepanova M, Younossi I, Racila A. Validation of Chronic Liver Disease Questionnaire for Nonalcoholic Steatohepatitis in Patients With Biopsy-Proven Nonalcoholic Steatohepatitis. *Clin Gastroenterol Hepatol.* 2019 Sep;17(10):2093-2100.e3. doi: 10.1016/j.cgh.2019.01.001. Epub 2019 Jan 11. PMID: 30639779.

117: Bush H, Rafiq N, Younossi ZM. Implementation of Value-based Medicine (VBM) to Patients With Chronic Hepatitis C (HCV) Infection. *J Clin Gastroenterol.* 2019 Apr;53(4):262-268. doi: 10.1097/MCG.0000000000001174. PMID: 30681638.

118: Younossi ZM, Golabi P, Henry L. A Comprehensive Review of Patient-reported Outcomes in Patients With Chronic Liver Diseases. *J Clin Gastroenterol.* 2019 May/June;53(5):331-341. doi: 10.1097/MCG.0000000000001179. PMID: 30702486.

119: Younossi ZM, Stepanova M, Anstee QM, Lawitz EJ, Wai-Sun Wong V, Romero-Gomez M, Kersey K, Li G, Subramanian GM, Myers RP, Djedjos CS, Okanoue T, Trauner M, Goodman Z, Harrison SA. Reduced Patient-Reported Outcome Scores Associate With Level of Fibrosis in Patients With Nonalcoholic Steatohepatitis. *Clin Gastroenterol Hepatol.* 2019 Nov;17(12):2552-2560.e10. doi: 10.1016/j.cgh.2019.02.024. Epub 2019 Feb 16. PMID: 30779990.

120: Sayiner M, Golabi P, Younossi ZM. Disease Burden of Hepatocellular Carcinoma: A Global Perspective. *Dig Dis Sci.* 2019 Apr;64(4):910-917. doi: 10.1007/s10620-019-05537-2. PMID: 30835028.

121: Younossi ZM, Stepanova M, Jacobson I, Muir AJ, Pol S, Zeuzem S, Younes Z, Herring R, Lawitz E, Younossi I, Racila A. Not Achieving Sustained Viral Eradication of Hepatitis C Virus After Treatment Leads to Worsening Patient-reported Outcomes. *Clin Infect Dis.* 2020 Feb 3;70(4):628-632. doi: 10.1093/cid/ciz243. PMID: 30949674.

122: Younossi ZM, Stepanova M, Younossi I, Papatheodoridis G, Janssen HLA, Agarwal K, Nguyen MH, Gane E, Tsai N, Nader F. Patient-reported outcomes in patients chronic viral hepatitis without cirrhosis: The impact of hepatitis B

and C viral replication. *Liver Int.* 2019 Oct;39(10):1837-1844. doi: 10.1111/liv.14171. Epub 2019 Jul 2. PMID: 31173468.

123: Arshad T, Henry L, Younossi ZM. Validation of the chronic liver disease questionnaire for non-alcoholic steatohepatitis in patients: impact for the clinic. *Expert Rev Gastroenterol Hepatol.* 2019 Aug;13(8):709-710. doi: 10.1080/17474124.2019.1636646. Epub 2019 Jun 28. PMID: 31248299.

124: Younossi ZM, Stepanova M, Lawitz EJ, Reddy KR, Wai-Sun Wong V, Mangia A, Muir AJ, Jacobson I, Djedjos CS, Gaggari A, Myers RP, Younossi I, Nader F, Racila A. Patients With Nonalcoholic Steatohepatitis Experience Severe Impairment of Health-Related Quality of Life. *Am J Gastroenterol.* 2019 Oct;114(10):1636-1641. doi: 10.14309/ajg.0000000000000375. PMID: 31464743.

125: Taylor RS, Taylor RJ, Bayliss S, Hagström H, Nasr P, Younossi I, Schattenberg JM, Ishigami M, Toyoda H, Wai-Sun Wong V, Peleg N, Shlomai A, Sebastiani G, Seko Y, Bhala N, Younossi ZM, Anstee QM, McPherson S, Newsome PN. Association Between Fibrosis Stage and Outcomes of Patients With Nonalcoholic Fatty Liver Disease: A Systematic Review and Meta-Analysis. *Gastroenterology.* 2020 May;158(6):1611-1625.e12. doi: 10.1053/j.gastro.2020.01.043. Epub 2020 Feb 4. PMID: 32027911.

126: Paik JM, Golabi P, Younossi Y, Mishra A, Younossi ZM. Changes in the Global Burden of Chronic Liver Diseases From 2012 to 2017: The Growing Impact of NAFLD. *Hepatology.* 2020 Nov;72(5):1605-1616. doi: 10.1002/hep.31173. Epub 2020 Oct 27. PMID: 32043613.

127: Verma M, Younossi Z. Integrating Patient-Reported Outcomes Within Routine Hepatology Care: A Prompt to Action. *Hepatology.* 2021 Apr;73(4):1570-1580. doi: 10.1002/hep.31550. Epub 2021 Mar 16. PMID: 32918286.

128: Price J, Escheik C, Weinstein A, Winter P, Gerber L, Younossi Z. Abnormal cardiac and metabolic measures correlate significantly with lower performance and activity in overweight chronic liver disease. *J Clin Hypertens (Greenwich).* 2020 Oct;22(10):1915-1923. doi: 10.1111/jch.13938. Epub 2020 Sep 17. PMID: 32941676; PMCID: PMC8029773.

129: Castellanos-Fernández MI, Borges-González SA, Stepanova M, Infante-Velázquez ME, Ruenes-Domech C, González-Suero SM, Dorta-Guridi Z, Arus-Soler ER, Racila A, Younossi ZM. Health-related quality of life in Cuban patients with chronic liver disease: A real-world experience. *Ann Hepatol.* 2021 May-Jun;22:100277. doi: 10.1016/j.aohep.2020.10.005. Epub 2020 Oct 29. PMID: 33130334.

130: Younossi ZM, Stepanova M, Younossi I, Racila A. Development and validation of a hepatitis B-specific health-related quality-of-life instrument: CLDQ-HBV. *J Viral Hepat.* 2021 Mar;28(3):484-492. doi: 10.1111/jvh.13451. Epub 2020 Dec 20. PMID: 33306234.

131: Younossi ZM, Corey KE, Lim JK. AGA Clinical Practice Update on Lifestyle Modification Using Diet and Exercise to Achieve Weight Loss in the Management of Nonalcoholic Fatty Liver Disease: Expert Review. *Gastroenterology.* 2021 Feb;160(3):912-918. doi: 10.1053/j.gastro.2020.11.051. Epub 2020 Dec 9. PMID: 33307021.

132: Younossi ZM, Racila A, Muir AJ, Bourliere M, Mangia A, Esteban R, Zeuzem S, Colombo M, Manns M, Papatheodoridis GV, Buti M, Chokkalingam A, Gaggari A, Nader F, Younossi I, Henry L, Stepanova M. Long-term Patient-Centered Outcomes in



THE GLOBAL
NASH COUNCIL

CORLD-PRO Publications



THE GLOBAL
LIVER COUNCIL

Cirrhotic Patients With Chronic Hepatitis C After Achieving Sustained Virologic Response. *Clin Gastroenterol Hepatol*. 2022 Feb;20(2):438-446. doi: 10.1016/j.cgh.2021.01.026. Epub 2021 Jan 22. PMID: 33493697.

133: Jepsen P, Younossi ZM. The global burden of cirrhosis: A review of disability-adjusted life-years lost and unmet needs. *J Hepatol*. 2021 Jul;75 Suppl 1:S3-S13. doi: 10.1016/j.jhep.2020.11.042. PMID: 34039490.

134: Buti M, Stepanova M, Palom A, Riveiro-Barciela M, Nader F, Roade L, Esteban R, Younossi Z. Chronic hepatitis D associated with worse patient-reported outcomes than chronic hepatitis B. *JHEP Rep*. 2021 Mar 17;3(3):100280. doi: 10.1016/j.jhepr.2021.100280. Erratum in: *JHEP Rep*. 2022 Jul 20;4(9):100526. PMID: 34041466; PMCID: PMC8141931.

135: Golabi P, Paik JM, AlQahtani S, Younossi Y, Tuncer G, Younossi ZM. Burden of non-alcoholic fatty liver disease in Asia, the Middle East and North Africa: Data from Global Burden of Disease 2009-2019. *J Hepatol*. 2021 Oct;75(4):795-809. doi: 10.1016/j.jhep.2021.05.022. Epub 2021 May 31. PMID: 34081959.

136: Younossi ZM, Stepanova M, Nader F, Loomba R, Anstee QM, Ratziu V, Harrison S, Sanyal AJ, Schattenberg JM, Barritt AS, Noureddin M, Bonacci M, Cawkwell G, Wong B, Rinella M; RandomizEd Global Phase 3 Study to Evaluate the Impact on NASH with Fibrosis of Obeticholic Acid TreatmEnt (REGENERATE) Study Investigators. Obeticholic Acid Impact on Quality of Life in Patients With Nonalcoholic Steatohepatitis: REGENERATE 18-Month Interim Analysis. *Clin Gastroenterol Hepatol*. 2022 Sep;20(9):2050-2058.e12. doi: 10.1016/j.cgh.2021.07.020. Epub 2021 Jul 15. PMID: 34274514.

137: Younossi ZM, Stepanova M, Taub RA, Barbone JM, Harrison SA. Hepatic Fat Reduction Due to Resmetirom in Patients With Nonalcoholic Steatohepatitis Is Associated With Improvement of Quality of Life. *Clin Gastroenterol Hepatol*. 2022 Jun;20(6):1354-1361.e7. doi: 10.1016/j.cgh.2021.07.039. Epub 2021 Jul 27. PMID: 34329774.

138: Verma M, Paik JM, Younossi I, Tan D, Abdelaal H, Younossi ZM. The impact of hepatocellular carcinoma diagnosis on patients' health-related quality of life. *Cancer Med*. 2021 Sep;10(18):6273-6281. doi: 10.1002/cam4.4166. Epub 2021 Aug 18. PMID: 34405568; PMCID: PMC8446553.

139: Kabarra K, Golabi P, Younossi ZM. Nonalcoholic steatohepatitis: global impact and clinical consequences. *Endocr Connect*. 2021 Oct 7;10(10):R240-R247. doi: 10.1530/EC-21-0048. PMID: 34486981; PMCID: PMC8558888.

140: Younossi ZM, Yilmaz Y, Yu ML, Wai-Sun Wong V, Fernandez MC, Isakov VA, Duseja AK, Mendez-Sanchez N, Eguchi Y, Bugianesi E, Burra P, George J, Fan JG, Papatheodoridis GV, Chan WK, Alswat K, Saeed HS, Singal AK, Romero-Gomez M, Gordon SC, Roberts SK, El Kassas M, Kugelmas M, Ong JP, Alqahtani S, Ziayee M, Lam B, Younossi I, Racila A, Henry L, Stepanova M; Global NASH Council. Clinical and Patient-Reported Outcomes From Patients With Nonalcoholic Fatty Liver Disease Across the World: Data From the Global Non-Alcoholic Steatohepatitis (NASH)/ Non-Alcoholic Fatty Liver Disease (NAFLD) Registry. *Clin Gastroenterol Hepatol*. 2022 Oct;20(10):2296-2306.e6. doi: 10.1016/j.cgh.2021.11.004. Epub 2021 Nov 9. PMID: 34768009.

141: Younossi ZM, Henry L. Fatty Liver Through the Ages: Nonalcoholic Steatohepatitis. *Endocr Pract*. 2022 Feb;28(2):204-213. doi: 10.1016/j.epr.2021.12.010. Epub 2021 Dec 22. PMID: 34952219.

142: Younossi ZM, Stepanova M, Myers RP, Younossi I, Henry L. The Potential Role of Fatigue in Identifying Patients With NASH and Advanced Fibrosis Who Experience Disease Progression. *Clin Gastroenterol Hepatol*. 2023 Apr;21(4):970-977.e1. doi: 10.1016/j.cgh.2022.04.023. Epub 2022 May 6. PMID: 35533993.

143: Younossi I, Stepanova M, Walters M, Golabi P, Srishord M, Younossi ZM. Health-Related Quality of Life and Health Care Resource Utilization in Patients With Chronic Liver Disease and Primary Liver Cancer in the United States: Analysis of Medical Expenditure Panel Survey. *J Clin Exp Hepatol*. 2022 Mar-Apr;12(2):272-277. doi: 10.1016/j.jceh.2021.12.012. Epub 2021 Dec 29. PMID: 35535094; PMCID: PMC9077230.

144: Younossi ZM, Yu ML, El-Kassas M, Esmat G, Castellanos Fernández MI, Buti M, Papatheodoridis G, Yilmaz Y, Isakov V, Duseja A, Méndez-Sánchez N, Hamid S, Gordon SC, Romero-Gómez M, Chan WK, Ong JP, Younossi I, Lam B, Ziayee M, Nader F, Racila A, Henry L, Stepanova M; Global NASH Council™. Severe impairment of patient-reported outcomes in patients with chronic hepatitis C virus infection seen in real-world practices across the world: Data from the global liver registry. *J Viral Hepat*. 2022 Nov;29(11):1015-1025. doi: 10.1111/jvh.13741. Epub 2022 Sep 7. PMID: 36036096.

145: Younossi Z, Aggarwal P, Shrestha I, Fernandes J, Johansen P, Augusto M, Nair S. The burden of non-alcoholic steatohepatitis: A systematic review of health-related quality of life and patient-reported outcomes. *JHEP Rep*. 2022 Jun 15;4(9):100525. doi: 10.1016/j.jhepr.2022.100525. PMID: 36039144; PMCID: PMC9418497.

146: Younossi ZM, Paik JM, Golabi P, Younossi Y, Henry L, Nader F. The impact of fatigue on mortality of patients with non-alcoholic fatty liver disease: Data from National Health and nutrition examination survey 2005-2010 and 2017-2018. *Liver Int*. 2022 Dec;42(12):2646-2661. doi: 10.1111/liv.15437. Epub 2022 Oct 6. PMID: 36161464.

147: Yilmaz Y, Toraman AE, Alp C, Doğan Z, Keklikkiran C, Stepanova M, Younossi Z. Impairment of patient-reported outcomes among patients with non-alcoholic fatty liver disease: a registry-based study. *Aliment Pharmacol Ther*. 2023 Jan;57(2):215-223. doi: 10.1111/apt.17301. Epub 2022 Nov 11. PMID: 36369643.

148: Yilmaz Y, Younossi Z. Editorial: changes of health-related quality of life associated with hepatic disease severity and its improvement after treatment in NAFLD-authors' reply. *Aliment Pharmacol Ther*. 2023 Jan;57(2):259-260. doi: 10.1111/apt.17325. PMID: 36565001.

149: Younossi ZM, Stepanova M, Younossi I, Racila A. Development and validation of a primary sclerosing cholangitis-specific health-related quality of life instrument: CLDQ-PSC. *Hepatology Commun*. 2023 Feb 1;7(2):e0049. doi: 10.1097/HCC.0000000000000049. PMID: 36724122; PMCID: PMC9894344.

150: de Avila L, Price JK, Stepanova M, Lam B, Weinstein AA, Pham H, Austin P, Keo W, Younossi Z, Afendy M, Nader S, Terra K, Cable R, Younossi E, Golabi P, Verma M, Nader F, Racila A, Gerber LH, Younossi ZM. Regular Exercise Is Associated With Low Fatigue Levels and Good Functional Outcomes After COVID-19: A Prospective Observational Study. *Am J Phys Med Rehabil*. 2023 May 1;102(5):433-443. doi: 10.1097/PHM.0000000000002197. Epub 2023 Feb 1. PMID: 36753451; PMCID: PMC10125009.

151: Stepanova M, Henry L, Younossi ZM. Economic Burden and Patient-Reported Outcomes of Nonalcoholic Fatty Liver Disease. *Clin Liver Dis*. 2023 May;27(2):483-513. doi: 10.1016/j.cld.2023.01.007. Epub 2023 Mar 8. PMID: 37024220.



Center for Outcomes Research in Liver Disease



Large Database Analysis

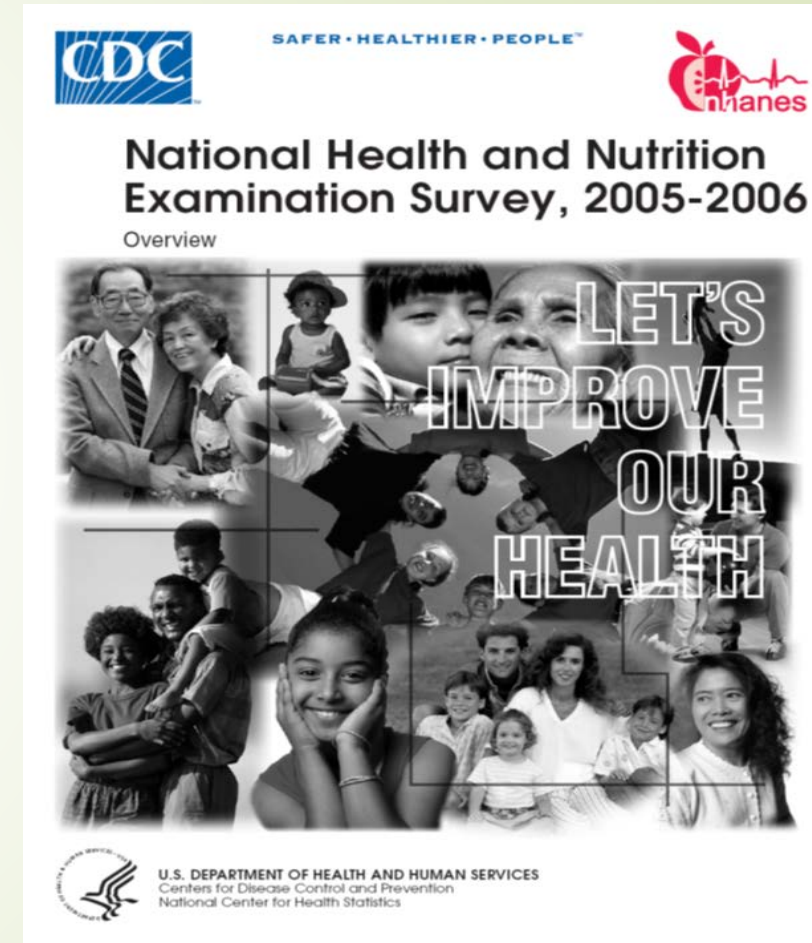


Service Capabilities CORLD, GNC and GLC *Large Database Analysis*



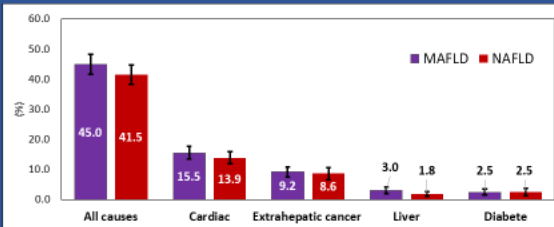
- **Medicare**
 - Demographics, Total Number of Visits, Total Charge, Average Charge, LOS, Mortality, Comorbidity
- **NIS**
 - Inpatient care database; represents 20% stratified sample of US hospitals and 8 million annual admissions
- **SEER**
 - Cancer incidence and survival in US; data collected from 17 population based cancer registries covering 28% of the population
- **NHANES**
 - Health and nutritional status of adults and children in the US; demographic, socioeconomic, dietary, and health related questions
- **MEPS**
 - Households and insurance status; use of medical services, charges and sources of payments, access to care, satisfaction with care
- **Nationwide Readmissions Database (NRD)**
- **National Vital Statistics System (NVSS)**
- **SRTR (Scientific Registry of Transplant Recipients)**

- Conducted by the National Center for Health Statistics, CDC.
- Reported biannually.
- Designed to collect information about the health and diet of people in the United States.
- Includes questionnaires, physical exam, lab work, other tests (hepatic U/S, vision).



Are There Differences Between Non-alcoholic Fatty Liver Disease (NAFLD) and Metabolic Associated Fatty Liver Disease (MAFLD)?

Cumulative incidence rates (%) of all-cause and cause-specific mortality among Individuals Classified as MAFLD and NAFLD in the U.S.



There were no differences in cumulative all-cause and cause-specific mortality between MAFLD and NAFLD over up to 27 years of follow-up (median, 22.8 years)

Conclusion: MAFLD and NAFLD have similar clinical profiles and long-term outcomes. The increased liver-related mortality among MAFLD is primarily driven by alcoholic liver disease.

Younossi, et al. *Hepatology*.

- NHANES III participants (N=12,878) were 43.1 years old; 49.5% male; 20.3% with FLD, 16.5% with NAFLD, and 18.1% with MAFLD.
- NHANES 2017-2018 participants (N=4,328) were 48.0 years old; 49.1% male; 36.8% with FLD; 34.2% with NAFLD and 36.3% with MAFLD.
- Excellent concordance was noted between MAFLD and NAFLD diagnosis in both datasets.
- Except for components of each definition (i.e. alcohol use for MAFLD), no other major differences in clinical characteristics were noted.
- In addition to the stage of fibrosis, insulin resistance was a predictor of liver mortality in NAFLD and alcoholic liver disease was a predictor of mortality in MAFLD.

Sarcopenia, Healthy Living and Mortality in Patients with Chronic Liver Diseases

35% of U.S. adults have CLDs (26.9% NAFLD, 5.7% ALD, 1.8% HCV, 0.5% HBV)

40 in 100 adults who have NAFLD had sarcopenia

	Sarcopenia	Mortality	Non-Sarcopenia
NAFLD	42.4%	HR 1.24 (1.01 – 1.54)	20.8%
ALD	53.6%	HR 1.29 (0.76 – 7.93)	27.7%
HCV	57.1%	HR 0.95 (0.43 – 2.09)	28.9%
HBV	32.2%	HR 1.00 (0.05 – 21.0)	20.7%
Control	37.2%	HR 1.04 (0.85 – 1.27)	17.0%

Hazard ratio (HR) adjusted for age, sex, race, income, education, married status, cholesterol, glycemic control (GC), smoking status, blood pressure (BP), BMI, healthy diet, and physical activity (PA)

Attainment of ideal LS7 metrics provides protection against sarcopenia in NAFLD.

Van Dongen, et al. *Hepatol Commun*, 2022.

Poor Awareness of Liver Disease Among Adults with Nonalcoholic Fatty Liver Disease in the United States

In 2016, 87 million U.S. adults are estimated to have NAFLD

Awareness of Liver Disease (LD) Among Adults with NAFLD: 2007-2016

Among Adults with NAFLD:

- Awareness of LD was lowest among males, among young adults (18-29 y) and among non-Hispanic Black.
- Worse awareness in young adults were mostly driven by worse measures in Mexican American, low education, active smoker, and hypertension.
- Trends in awareness of LD increased significantly from 4.3% in 2007 to 6.3% in 2016, but trends did not increase significantly within other stratifications of sex, age, or race.

Substantial efforts are need to improve awareness of NAFLD, particularly among the young adults and non-Hispanic Black.

Alqahtani, et al. *Hepatol Commun*, 2021.

Contribution of Sarcopenia and Physical Inactivity to Mortality in People with Non-Alcoholic Fatty Liver Disease

NHANES, 1999-2004

		Physical Activity			Mortality		
		Inactive	Moderate	Ideal	All-causes	Cardiac-specific	Cancer-specific
NAFLD n=1,351	Sarcopenia n= 239	63.5%	12.8%	23.7%	34.6%	7.0%	8.9%
	Non-Sarcopenia n= 1,122	42.6%	14.5%	42.9%	15.1%	2.9%	3.7%
Healthy Liver n=3,260	Sarcopenia n= 183	60.6%	15.6%	23.8%	36.9%	9.5%	5.6%
	Non-Sarcopenia n= 3,077	37.0%	17.1%	46.0%	8.7%	1.4%	2.0%

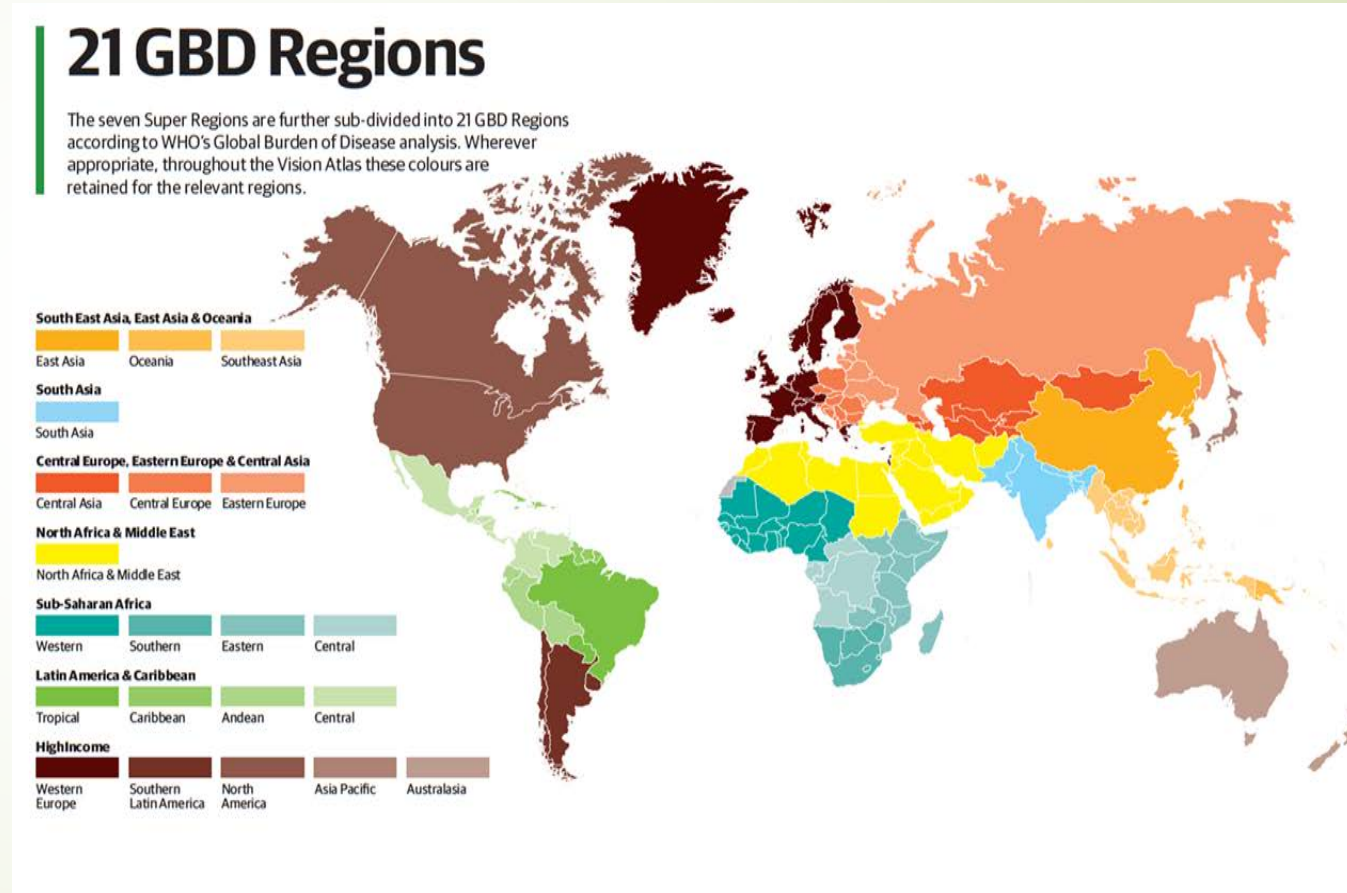
Physical inactivity is associated with sarcopenia and sarcopenia is associated with increased mortality among people with NAFLD

Golabi, et al.

Hazard Ratios (HR) with adjustments of age, sex, race, sociodemographic, health behaviors and comorbidities

- Food Insecurity, Household Income, and Education Level Substantially Increase the Risk of Having NAFLD and Advanced Fibrosis Among Adolescent Children in the United States (submitted to Journal of Hepatology)
- Nonalcoholic fatty liver disease (NAFLD) and associated mortality in individuals with type 2 diabetes, pre-diabetes, metabolically unhealthy, and metabolically healthy individuals in the United States. (2023) Metabolism.
- Vigorous physical activity provides protection against all-cause deaths among adults patients with nonalcoholic fatty liver disease (NAFLD). (2023) Alimentary Pharmacology & Therapeutics.
- Sarcopenia Among Patients with Nonalcoholic Fatty Liver Disease (NAFLD) Is Associated With Advanced Fibrosis. (2023) Clinical Gastroenterology and Hepatology.
- The impact of fatigue on mortality of patients with non-alcoholic fatty liver disease: Data from National Health and nutrition examination survey 2005–2010 and 2017–2018. (2022) Liver International.
- Prevalence of high and moderate risk nonalcoholic fatty liver disease among adults in the United States, 1999–2016. (2022) Clinical Gastroenterology and Hepatology
- Are there outcome differences between NAFLD and metabolic-associated fatty liver disease? (2022). Hepatology.
- Contribution of sarcopenia and physical inactivity to mortality in people with non-alcoholic fatty liver disease. (2020) JHEP Reports.
- Mortality risk detected by atherosclerotic cardiovascular disease score in patients with nonalcoholic fatty liver disease. (2019) Hepatology communications.
- The impact of modifiable risk factors on the long-term outcomes of non-alcoholic fatty liver disease. (2020) Alimentary pharmacology & therapeutics.
- Patients with lean nonalcoholic fatty liver disease are metabolically abnormal and have a higher risk for mortality. (2019) Clinical Diabetes.

- Institute for Health Metrics and Evaluation (IHME) annually update GBD study to serve as a global public good. <https://www.healthdata.org/gbd/2019>
- GBD provides an assessment of cause-specific, incidence, morbidity (DALYs) and mortality for 369 causes in 204 countries and territories (21 GBD regions) from 1990 to 2019.



The world is divided, for administrative and data analysis purposes, into 21 GBD Regions according to epidemiological similarities and geographical proximity

The Burden of Non-alcoholic Fatty Liver Disease (NAFLD) is Rapidly Growing in Every Region of the World from 1990 to 2019

Extremely common

1,236 Million
In 2019

NAFLD Patients Died
by Liver Deaths

168,969

57%

of NAFLD
Prevalent
Cases in Asia

41%

Highest Adult
Prevalence in
MENA

Globally, the burden of NAFLD is increasing with Middle East and North Africa (MENA) and East Asia experiencing the most profound impact

Annual Increasing Adult
NAFLD Prevalence Rate

+1.00% 1990 to 2019

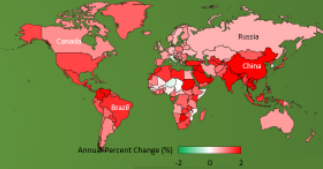
+1.40% 2010 to 2019

Annual Increasing Adult
NAFLD-Liver Death Rate

+0.27% 1990 to 2019

+1.18% 2010 to 2019

Worsening Trends in NAFLD Prevalence 202
out of 204 countries from 2010 to 2019



Fastest Annual Percent Change (APC)
in Adult NAFLD prevalence from 2010 to 2019

East Asia **+2.76%**, 21.2% in 2010 to 25.8% in 2019

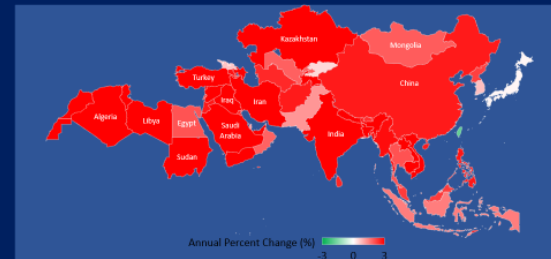
South Asia **+2.59%**, 18.3% in 2010 to 21.3% in 2019

HEPATOLOGY COMMUNICATIONS
Open Access

Paik, et al. *Hepato Comm.*

The Burden of Nonalcoholic Fatty Liver Disease (NAFLD) in Asia, Middle East and North Africa (MENA): Data from Global Burden of Disease 2009-2019

Changes in Incidence Rate of Liver Complications due to NAFLD (LC-NAFLD)
between 2009 and 2019: Data From Global Burden of Disease



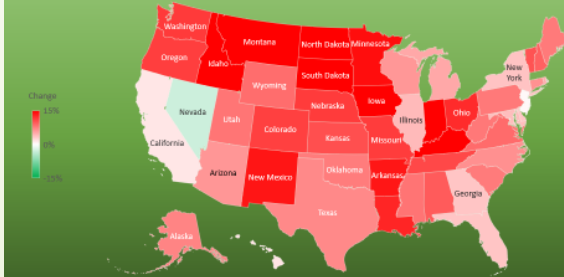
NAFLD is posing a substantial burden in Asia and MENA regions.

- Globally in 2019, there were 0.17 million incident cases and 168,959 deaths of LC-NAFLD.
- Of the global incidence and death for LC-NAFLD in 2019, 48.3% and 46.2% occurred in Asia, while 8.9% and 8.6% in MENA.
- Between 2009 and 2019, the pattern of change for incidence rate of LC-NAFLD shows a worsening trend (Annual percent change >0%) in most Asia (31 out of 34 countries) and MENA countries (18 out of 21 countries)

Pegah Golabi, James M. Paik, Saleh AlQahtani, Youssef Younossi, Gabriela Tuncer, Zobair M. Younossi

Growing Burden of Disability Related to Chronic Liver Diseases (CLD) in the United States: Data from Global Burden of Disease 2007-2017

Changes in Age-Standardized Rates of CLD-related Disability-adjusted Life-years (DALYs)
Between 2007 and 2017: Data From Global Burden of Disease



The CLD-related burden is increasing in the majority of US states with an unprecedented rate.

- In 2017, CLD caused 2.33 million DALYs, which was 27% higher than 2007, mainly driven by Hepatitis C (37.2%), Alcoholic liver disease (27.7%) and Nonalcoholic fatty liver disease (10.6%).
- NAFLD showed the largest percent change (+9.2%) in age-standardized DALY rates.
- California, Texas and Florida had the highest DALYs; however, the highest CLD-DALY rates per 100,000 population were seen in New Mexico, District of Columbia and Oklahoma.

Paik, et al. *Hepato Comm.*

HEPATOLOGY COMMUNICATIONS
Open Access



THE GLOBAL
NASH COUNCIL

Global Burden of Diseases, Injuries, and Risk Factors Study (GBD)



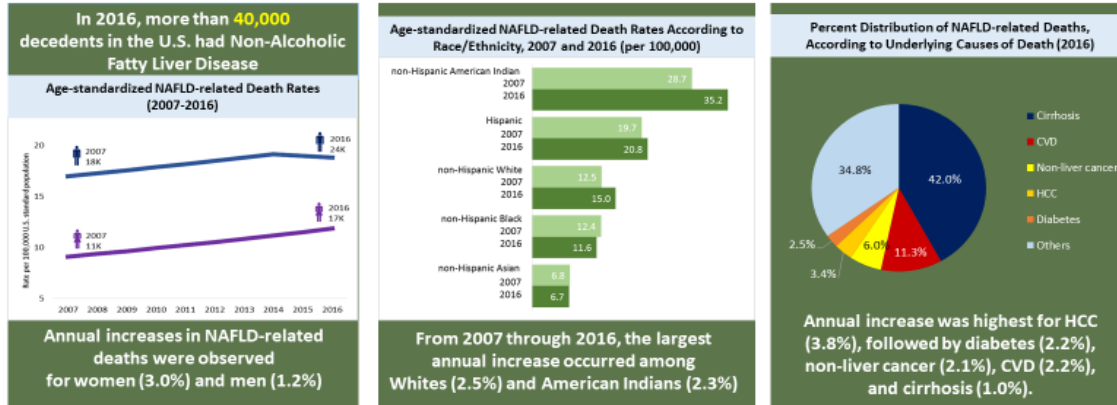
THE GLOBAL
LIVER COUNCIL

- The burden of nonalcoholic fatty liver disease (NAFLD) is rapidly growing in every region of the world from 1990 to 2019. (2023) Hepatology Communications.
 - Nonalcoholic fatty liver disease mortality may not be decreasing: A need for careful interpretation of GBD 2019 estimates of liver deaths. (2023) Cell Metabolism.
 - Global burden of NAFLD and chronic liver disease among adolescents and young adults. (2022) Hepatology.
 - Dietary risks for liver mortality in NAFLD: global burden of disease data. (2022) Hepatology Communications.
 - Burden of non-alcoholic fatty liver disease in Asia, the Middle East and North Africa: Data from Global Burden of Disease 2009-2019. (2021) Journal of Hepatology.
 - Recent trends in the global burden of hepatitis B virus: 2007–2017. (2021) Gastroenterology.
 - The growing burden of disability related to nonalcoholic fatty liver disease: data from the global burden of disease 2007-2017. (2020) Hepatology communications.
 - Changes in the global burden of chronic liver diseases from 2012 to 2017: the growing impact of NAFLD. (2020) Hepatology. (2021 Impact Factor: Top Cited Articles)
- A complete list of publications (+5) is available on request.

National Vital Statistics System (NVSS)

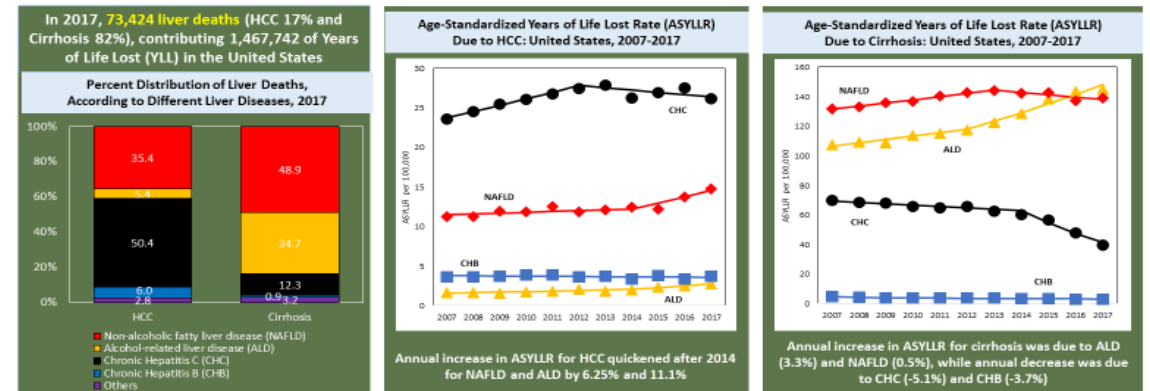
- NVSS by the National Center for Health Statistics (NCHS) of the Centers for Disease Control (CDC) provide multiple cause-of-death data
https://www.cdc.gov/nchs/nvss/mortality_methods.htm
- Information from death certificates filed in all 50 states and the District of Columbia.
- More than 99% of deaths in the U.S. are captured.

Mortality Related to Non-Alcoholic Fatty Liver Disease is Increasing in the United States: 2007-2016



Paik, J.M., Henry, L., De Avila, L., Younossi, E., Racila, A. and Younossi, Z.M., 2019. Mortality related to nonalcoholic fatty liver disease is increasing in the United States. *Hepatology communications*, 3(11), pp.1459-1471.

Non-alcoholic Fatty Liver Disease and Alcoholic Liver Disease are Major Drivers of Liver Mortality in the United States



Paik, J.M., Golabi, P., Biswas, R., Alqahtani, S., Venkatesan, C. and Younossi, Z.M., 2020. Nonalcoholic Fatty Liver Disease and Alcoholic Liver Disease are Major Drivers of Liver Mortality in the United States. *Hepatology Communications*.

- Changes in Mortality Due to Chronic Liver Diseases (CLD) During the COVID-19 Pandemic: Data from the United States' National Vital Statistics System, (2023) PLOS ONE
- Adolescents' Suicide Rates by Ethnicity-Data from the National Vital Statistics System 2015-2020. (2022) Annals of Emergency Medicine.
- Extrahepatic manifestations and healthcare expenditures of non-alcoholic fatty liver disease in the Medicare population. (2022) Hepatology International.
- Nonalcoholic fatty liver disease and alcoholic liver disease are major drivers of liver mortality in the United States. (2020) Hepatology communications.
- Mortality related to nonalcoholic fatty liver disease is increasing in the United States. (2019) Hepatology Communications. (2021 Impact Factor: Top Cited Articles)

- Changes in Mortality Due to Chronic Liver Diseases (CLD) During the COVID-19 Pandemic: Data from the United States' National Vital Statistics System, (2023) PLOS ONE
- Adolescents' Suicide Rates by Ethnicity-Data from the National Vital Statistics System 2015-2020. (2022) Annals of Emergency Medicine.
- Extrahepatic manifestations and healthcare expenditures of non-alcoholic fatty liver disease in the Medicare population. (2022) Hepatology International.
- Nonalcoholic fatty liver disease and alcoholic liver disease are major drivers of liver mortality in the United States. (2020) Hepatology communications.
- Mortality related to nonalcoholic fatty liver disease is increasing in the United States. (2019) Hepatology Communications. (2021 Impact Factor: Top Cited Articles)

Other Large Data Base

- **Nationwide Readmissions Database (NRD)**
 - Non-alcoholic fatty liver disease is associated with greater risk of 30-day hospital readmission in the United States (U.S.). (2023) *Ann Hepatol*.
- **Surveillance, Epidemiology, and End Results (SEER)**
 - The impact of hepatocellular carcinoma diagnosis on patients' health-related quality of life. (2021) *Cancer Med*.
- **Medicare**
 - Hospice care utilization among elderly patients who died with hepatocellular carcinoma in the United States. (2021) *JHEP Reports*.
 - Among Medicare patients with hepatocellular carcinoma, non-alcoholic fatty liver disease is the most common etiology and cause of mortality. (2020) *Journal of clinical gastroenterology*.
 - Presumed nonalcoholic fatty liver disease among Medicare beneficiaries with HIV, 2006–2016. (2020) *Open Forum Infectious Diseases*.
 - Extrahepatic manifestations and healthcare expenditures of non-alcoholic fatty liver disease in the Medicare population. (2020) *Hepatology International*.
 - Resource Utilization and Outcomes of Medicare Recipients with Chronic Hepatitis B in the United States. (2019) *Journal of Clinical Gastroenterology*.

Service Capabilities CORLD, GNC and GLC *Meta-Analysis*

- Global Epidemiology of NASH. Hepatology 2016
- The global epidemiology of NAFLD and NASH in patients with type 2 diabetes: a systematic review and meta-analysis 2019
- The global epidemiology of nonalcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH): a systematic review. (2023) Hepatology
- The Global Epidemiology of Metabolic Dysfunction Associated Steatotic Liver Disease and Metabolic Dysfunction Associated Steatohepatitis Among Type 2 Diabetes.

SRTR (Scientific Registry of Transplant Recipients)

	Lung	Heart	Liver	Kidney
N in 2006-2021	31,503	38,044	106,639	286,506

Consistently collected parameters:

- Age, gender, race
- State of residence
- Transplant center
- Education
- Insurance
- BMI
- Type 2 diabetes
- Viral hepatitis serology (not viral load)
- History of any cancer
- History of prior transplants
- Functional status (0-100)
- Listing diagnoses (two)
- Select donor's parameters
- Select details of surgery
- Outcomes (long-term mortality and graft loss, annually)



Publications for SRTR (Scientific Registry of Transplant Recipients)



1: Alqahtani SA, Stepanova M, Al Shabeeb R, Eberly KL, Ong J, Younossi ZM. The impact of hepatitis B and C positive serologies on the outcomes of non-hepatic solid organ transplantation in the United States. *J Viral Hepat.* 2023 Dec 29. doi: 10.1111/jvh.13916. Epub ahead of print. PMID: 38158773.

2: Younossi ZM, Stepanova M, Al Shabeeb R, Eberly KE, Shah D, Nguyen V, Ong J, Henry L, Alqahtani SA. The changing epidemiology of adult liver transplantation in the United States in 2013-2022: The dominance of metabolic dysfunction-associated steatotic liver disease and alcohol-associated liver disease. *Hepatology Commun.* 2023 Dec 22;8(1):e0352. doi: 10.1097/HCC9.0000000000000352. PMID: 38126928; PMCID: PMC10749707.

3: Stepanova M, Kumar A, Brandt P, Gundurao N, Cusi K, Al Qahtani S, Younossi ZM. Impact of Type 2 Diabetes on the Outcomes of Solid Organ Transplantations in the U.S.: Data From a National Registry. *Diabetes Care.* 2023 Dec 1;46(12):2162-2170. doi: 10.2337/dc23-1085. PMID: 37748128.

4: Stepanova M, Kabbara K, Mohess D, Verma M, Roche-Green A, AlQahtani S, Ong Burra P, Younossi ZM. Nonalcoholic steatohepatitis is the most common indication for liver transplantation among the elderly: Data from the United States Scientific Registry of Transplant Recipients. *Hepatology Commun.* 2022 Jul;6(7):1506-1515. doi: 10.1002/hep4.1915. Epub 2022 Feb 28. PMID: 35224886; PMCID: PMC9234626.

5: Younossi ZM, Herring M, Younossi Y, Ong JP, Alqahtani SA, Stepanova M. The Impact of NASH to Liver Transplantations With Hepatocellular Carcinoma in the United States. *Clin Gastroenterol Hepatol.* 2022 Dec;20(12):2915-2917.e1. doi: 10.1016/j.cgh.2021.10.018. Epub 2021 Oct 16. PMID: 34666156.

6: Alqahtani SA, Stepanova M, Kabbara KW, Younossi I, Mishra A, Younossi Z. Liver Transplant Center Size and the Impact on Clinical Outcomes and Resource Utilization. *Transplantation.* 2022 May 1;106(5):988-996. doi: 10.1097/TP.0000000000003915. Epub 2021 Aug 5. PMID: 34366386.

7: Younossi ZM, Stepanova M, Ong J, Trimble G, AlQahtani S, Younossi I, Ahmed A, Racila A, Henry L. Nonalcoholic Steatohepatitis Is the Most Rapidly Increasing Indication for Liver Transplantation in the United States. *Clin Gastroenterol Hepatol.* 2021 Mar;19(3):580-589.e5. doi: 10.1016/j.cgh.2020.05.064. Epub 2020 Jun 9. PMID: 32531342.

8: Stepanova M, Al Qahtani S, Mishra A, Younossi I, Venkatesan C, Younossi ZM. Outcomes of liver transplantation by insurance types in the United States. *Am J Manag Care.* 2020 Apr 1;26(4):e121-e126. doi: 10.37765/ajmc.2020.42839. PMID: 32270989.

9: Sayiner M, Stepanova M, De Avila L, Golabi P, Racila A, Younossi ZM. Outcomes of Liver Transplant Candidates with Primary Biliary Cholangitis: The Data from the Scientific Registry of Transplant Recipients. *Dig Dis Sci.* 2020 Feb;65(2):416-422. doi: 10.1007/s10620-019-05786-1. Epub 2019 Aug 27. PMID:

10: Golabi P, Bush H, Stepanova M, Locklear CT, Jacobson IM, Mishra A, Trimble G, Erario M, Venkatesan C, Younossi I, Goodman Z, Younossi ZM. Liver Transplantation (LT) for Cryptogenic Cirrhosis (CC) and Nonalcoholic Steatohepatitis (NASH) Cirrhosis: Data from the Scientific Registry of Transplant Recipients (SRTR): 1994 to 2016. *Medicine (Baltimore).* 2018 Aug;97(31):e11518. doi: 10.1097/MD.00000000000011518. PMID: 30075518; PMCID: PMC6081090.

11: Younossi Z, Stepanova M, Ong JP, Jacobson IM, Bugianesi E, Duseja A, Eguchi Y, Wong VW, Negro F, Yilmaz Y, Romero-Gomez M, George J, Ahmed A, Wong R, Younossi I, Zaiye E, Afendy A; Global Nonalcoholic Steatohepatitis Council. Nonalcoholic Steatohepatitis Is the Fastest Growing Cause of Hepatocellular Carcinoma in Liver Transplant Candidates. *Clin Gastroenterol Hepatol.* 2019 Mar;17(4):748-755.e3. doi: 10.1016/j.cgh.2018.05.057. Epub 2018 Jun 14. PMID: 30075518.

12: Stepanova M, Sayiner M, de Avila L, Younoszai Z, Racila A, Younossi ZM. Long-term outcomes of liver transplantation in patients with hepatitis C infection are not affected by HCV positivity of a donor. *BMC Gastroenterol.* 2016 Nov 15;16(1):137. doi: 10.1186/s12876-016-0551-z. PMID: 27846801; PMCID: PMC511255.

13: Stepanova M, Locklear T, Rafiq N, Mishra A, Venkatesan C, Younossi ZM. Long-term outcomes of heart transplant recipients with hepatitis C positivity: the data from the U.S. transplant registry. *Clin Transplant.* 2016 Dec;30(12):1570-1577. doi: 10.1111/ctr.12859. Epub 2016 Nov 8. PMID: 27739127.

14: Koenig A, Stepanova M, Saab S, Ahmed A, Wong R, Younossi ZM. Long-term outcomes of lung transplant recipients with hepatitis C infection: a retrospective study of the U.S. transplant registry. *Aliment Pharmacol Ther.* 2016 Aug;44(3):271-8. doi: 10.1111/apt.13693. Epub 2016 Jun 9. PMID: 27279496.

15: Stepanova M, Henry L, Garg R, Kalwaney S, Saab S, Younossi Z. Risk of de novo post-transplant type 2 diabetes in patients undergoing liver transplant for non-alcoholic steatohepatitis. *BMC Gastroenterol.* 2015 Dec 15;15:175. doi: 10.1186/s12876-015-0407-y. PMID: 26666336; PMCID: PMC4678589.

16: Younossi ZM, Stepanova M, Saab S, Ahmed A, Lam B, Srishord M, Venkatesan C, Wai H, Henry L. The impact of viral hepatitis-related hepatocellular carcinoma to post-transplant outcomes. *J Viral Hepat.* 2016 Jan;23(1):53-61. doi: 10.1111/jvh.12449. Epub 2015 Aug 20. PMID: 26289820.

17: Stepanova M, Wai H, Saab S, Mishra A, Venkatesan C, Younossi ZM. The outcomes of adult liver transplants in the United States from 1987 to 2013. *Liver Int.* 2015 Aug;35(8):2036-41. doi: 10.1111/liv.12779. Epub 2015 Jan 21. PMID: 25559873.

18: Younossi Z, Stepanova M, Saab S, Trimble G, Mishra A, Henry L. The association of hepatitis C virus infection and post-liver transplant diabetes: data from 17 000 HCV-infected transplant recipients. *Aliment Pharmacol Ther.* 2015 Jan;41(2):209-17. doi: 10.1111/apt.13027. Epub 2014 Nov 21. PMID: 25413020.

19: Younossi ZM, Stepanova M, Saab S, Kalwaney S, Clement S, Henry L, Frost S, Hunt S. The impact of type 2 diabetes and obesity on the long-term outcomes of more than 85 000 liver transplant recipients in the US. *Aliment Pharmacol Ther.* 2014 Sep;40(6):686-94. doi: 10.1111/apt.12881. Epub 2014 Jul 16. PMID: 25040315.

20: Stepanova M, Wai H, Saab S, Mishra A, Venkatesan C, Younossi ZM. The portrait of an adult liver transplant recipient in the United States from 1987 to 2013. *JAMA Intern Med.* 2014 Aug;174(8):1407-9. doi: 10.1001/jamainternmed.2014.2903. PMID: 24978860.

21: Wai H, Stepanova M, Saab S, Erario M, Srishord M, Younossi ZM. Inpatient economic and mortality assessment for liver transplantation: a nationwide study of the United States data from 2005 to 2009. *Transplantation.* 2014 Jan 15;97(1):98-103. doi: 10.1097/TP.0b013e3182a716ac. PMID: 24056627



THE GLOBAL
NASH COUNCIL

The Global NASH/MASH Council *Projects*



THE GLOBAL
LIVER COUNCIL

Periodic analysis of Global Registry (Ongoing)

- HDV and HRQoL (Complete)
- The Impact of Stigma on HRQoL (Complete)
- Cuban Data Analyses (Complete)
- Turkish Data Analyses (Complete)
- HCV Physicians Survey (Complete)
- NAFLD/MASLD Knowledge Survey of Hepatologists, Gastroenterologists, Endocrinologists and Primary Care Physicians in Saudi Arabia, Turkey, and Egypt (Complete)
- Clinical and PROs in Patients with Chronic Liver Diseases in Saudi Arabia, Turkey, and Egypt (Complete)
- The Burden of NAFLD/MASLD in Saudi Arabia: Data from the Global Burden of Disease 2019 (Complete)
- Prevalence of MASLD in the Middle East and North Africa (MENA): A Systematic Review and Meta-analysis (Complete)

Global Surveys

- NAFLD Global Physicians Survey (Complete)
- The Global Stigma Survey (Main analysis complete, Sub-analysis)
- Stigma in SLD: A Survey of Patients from Saudi Arabia (Complete)
- **Real-world Evidence on Non-Invasive Tests and Associated Cut-offs Used to Assess Fibrosis in Routine Clinical Practice Around the World (Ongoing)**
- **NAFLD/MASLD Investment Framework US and Germany (Ongoing)**
- **Global Unification Around SLD- GNC (Ongoing)**



THE GLOBAL
NASH COUNCIL

The Global NASH/MASH Council

Abstract Presentations

2014-2023 (n=573)



THE GLOBAL
LIVER COUNCIL

1. Younossi ZM, et al. Development Of A Primary Biliary Cholangitis (Pbc)-specific Version Of Chronic Liver Disease Questionnaire: Cldq-pbc, Aasld2023
2. Stepanova M, ...Younossi ZM. Liver Transplantation For Primary Biliary Cholangitis In The U.S. In 2008-2022, Aasld2023
3. Paik J, Younossi ZM. Assessment Of Hospital Readmission Rates, Risk Factors, Causes And Cost After Discharge With Chronic Liver Disease: Analysis Of The Us Nationwide Readmissions Database, Aasld2023
4. Younossi ZM, et al. Pnpla3-rs738409 CG/GG Genotype is strongly associated with advanced histologic fibrosis and high risk enhanced liver fibrosis score, aasld2023
5. Younossi ZM, et al. Stigma Is A Predictor Of Impairment Of Health Related Quality Of Life Among Patients With Nafld, Aasld2023
6. Paik J, Dipam Shah, Katherine Elizabeth Eberly, Pegah Golabi, Younossi ZM. Alcoholic Liver Disease And Non-alcoholic Fatty Liver Disease Were The Main Drivers Of Cirrhosis Related Deaths Before And During The Covid-19 Pandemic In The United States, Aasld2023
7. Paik J,, Younossi ZM. Food Insecurity And Household Income Substantially Increase The Risk Of Nafld Among Adolescent Children In The United States, Aasld2023
8. Younossi ZM, et al. A Rapid Rise In The Global Prevalence Of Nonalcoholic Fatty Liver Disease (Nafld) And Non-alcoholic Steatohepatitis (Nash) Among Patients With Type 2 Diabetes (T2d), Aasld2023.
9. Pegah Golabi, James M. Estep, Sean C. Felix, Stepanova M, Soroor Owrangi, Brian P. Lam, Maria Joao Meneses, Andrei Racila, Laurent Castera, Maria Paula Macedo, Younossi ZM. Fibrotic Nash Index (Fni) In Diabetics With Non-alcoholic Fatty Liver Disease (Nafld), Aasld2023.
10. Younossi ZM, Paik J, Henry L, Richard F Pollock, Stepanova M, Fatema Nader. Cost-effectiveness Of Identifying High-risk Non-alcoholic Fatty Liver Disease (Nafld) Patients In The United States (U.S), Aasld2023.
11. Younossi ZM, et al. Non-alcoholic Steatohepatitis (Nash) Has Become The Most Common Indication For Liver Transplantation Among Candidates With Hepatocellular Carcinoma In The United States, Aasld2023.
12. Younossi ZM, et al. The Global Survey Of Disease Burden And Stigma Among Patients With Nafld And Their Healthcrae Providers, Aasld2023.
13. Ali Weinstein, Leyla De Avila, Jillian Kallman Price, Carey Escheik, Pegah Golabi, Lynn Gerber, Younossi ZM. Individuals With Advanced Fibrosis Have Worse Fine Motor Performance, Aasld2023.
14. Younossi ZM, et al. Liver Transplantation Profile Among Teenagers In The United States, Aasld2023.
15. Mohamed El Kassas,, Younossi ZM. A Global Survey Of Physician Knowledge About Management Of Chronic Hepatitis C, Aasld2023.
16. Younossi ZM, et al. Socio-economic Disparities Drive The Prevalence Of Non-alcoholic Fatty Liver Disease (NAFLD) Among Teenagers In The United States, EASL-ILC. Vienna, Austria. 2023
17. Younossi ZM, et al. Health Economics Of The Enhanced Liver Fibrosis Test In The Detection Of Advanced Liver Fibrosis In Patients With Non-alcoholic Fatty Liver Disease In The UK, EASL-ILC. Vienna, Austria. 2023



THE GLOBAL
NASH COUNCIL

The Global NASH/MASH Council

Abstract Presentations

2014-2023 (n=573)



THE GLOBAL
LIVER COUNCIL

18. Golabi P, ...Younossi ZM. Prevalence Of Nonalcoholic Fatty Liver Disease (NAFLD) And Advanced Fibrosis Among Subjects Without Type 2 Diabetes (T2D), ADA. San Diego, CA 2023
19. Younossi ZM, et al. Associations Of Genetic Risk Panel With Enhanced Liver Fibrosis Scores Among Patients With Non-alcoholic Fatty Liver Disease, EASL-ILC. Vienna, Austria. 2023
20. Younossi ZM, et al. Prevalence And Predictors Of Clinically Significant Pruritus In Patients With Non-alcoholic Fatty Liver Disease (NAFLD): Data From The Global NASH Registry™ (GNR™), EASL 2023
21. Stepanova M, ..., Younossi ZM. The Impact Of Type 2 Diabetes On The Outcomes Of Solid Organ Transplants In The U.S., ADA 2023
22. Stepanova M, ..., Younossi ZM. The Impact Of Hepatitis B And C Serologies On The Outcomes Of Non-liver Solid Organ Transplantation, . 2023
23. Younossi ZM, Paik J. Prevalence And Mortality Of Non-alcoholic Fatty Liver Disease (NAFLD) In Non-diabetics, Pre-diabetics, And Diabetics In The United States, EASL-ILC. Vienna, Austria. 2023
24. Younossi ZM, et al. The Growing Prevalence And Impact Of Type 2 Diabetes Among Liver Transplant Candidates In The United States, EASL-ILC. Vienna, Austria. 2023
25. Younossi ZM, . Stigma In NAFLD And NASH: A Global Survey Of Patients And Providers, EASL-ILC. Vienna, Austria. 2023
26. Younossi ZM, Paik J, Shira Zelber-sagi, Jeffrey V. Lazarus, Pegah Golabi, Janus P. Ong, Saleh Alqahtani, Henry L. The Growing Global Burden Of Non-alcoholic Fatty Liver Disease (NAFLD) Among Teenagers, EASL-ILC. Vienna, Austria. 2023
27. Younossi ZM, et al. Clinically Significant Pruritus In Patients With Chronic Liver Disease (CLD): Data From The Global Liver Registry™ (GLR™), Ddw. Chicago, IL 2023
28. Golabi P, ...Younossi ZM. Prevalance Of Nonalcoholic Fatty Liver Disease (Nafld) And Hepatic Fibrosis Among Patients With Pre-diabetes, Ddw. Chicago, IL 2023
29. Paik J, Ariana Ghafouri, Dipam Shah, Reem Al Shabeeb, Saleh Alqahtani, Younossi ZM. Global Burden Of Nonalcoholic Fatty Liver Disease (Nafld) In The Elderly, Ddw. Chicago, IL 2023.
30. Gerber S, ...Younossi ZM. Patient-reported Diet Indicators And Disease Severity For Patients With NAFLD, SBM. Phoneix, AZ. 2023
31. Gerber S, ...Younossi ZM.. Diet Satisfaction And Adequate Food Intake In Patients With Chronic Liver Diseases (CLD), SBM.
32. Younossi ZM, et al. Epidemiology And Disease Burden Of Nonalcoholic Fatty Liver Disease (Nafld) In Asia: A Systematic Review, Apasl. Taipei, Tawan. 2023
33. Paik J,Younossi ZM. The Burden Of Non-alcoholic Fatty Liver Disease (NAFLD) In Asia, APASL. Taipei, Taiwan. 2023

The Global NASH/MASH Council
Books, Chapters and Supplements
2014-2023 (n=19)

1. Golabi P, Isakov V, Younossi ZM. Nonalcoholic Fatty Liver Disease: Disease Burden and Disease Awareness. *Clin Liver Dis.* 2023 May;27(2):173-186. doi: 10.1016/j.cld.2023.01.001. Epub 2023 Feb 26. PMID: 37024201.
2. Henry L, Eberly KE, Shah D, Kumar A, Younossi ZM. Noninvasive Tests Used in Risk Stratification of Patients with Nonalcoholic Fatty Liver Disease. *Clin Liver Dis.* 2023 May;27(2):373-395. doi: 10.1016/j.cld.2023.01.022. Epub 2023 Mar 8. PMID: 37024214
3. Stepanova M, Henry L, Younossi ZM. Economic Burden and Patient-Reported Outcomes of Nonalcoholic Fatty Liver Disease. *Clin Liver Dis.* 2023 May;27(2):483-513. doi: 10.1016/j.cld.2023.01.007. Epub 2023 Mar 8. PMID:37024220.
4. Younossi ZM. (Guest Editor); An Update on Non-alcoholic Steatohepatitis Preface. *Clin Liver Dis.* 2023 May;27(2):xix. doi:10.1016/j.cld.2023.02.001. Epub 2023 Mar 9. PMID: 37024223.



THE GLOBAL
NASH COUNCIL

The Global NASH/MASH Council

Manuscripts 2014-2023 (N=391)



THE GLOBAL
LIVER COUNCIL

1. Stepanova M, ...Younossi ZM. Impact of Type 2 Diabetes on the Outcomes of Solid Organ Transplantations in the U.S.: Data From a National Registry, *Diabetes Care* . 2023 Sep 25;dc231085. doi: 10.2337/dc23-1085..
2. Younossi ZM, et al.. Identification of High Risk NAFLD Patients in Endocrinology Clinics, *Endocrine Practice*. *Endocr Pract* . 2023 Jul 3;S1530-891X(23)00469-X
3. Stepanova M, Younossi ZM. Editorial: optimal combination of non-invasive tests to determine significant fibrosis in non-alcoholic fatty liver disease-authors' reply, *APT*. 2023 Jun;57(12):1463-1464.
4. Younossi ZM, et al. The Global Burden of Liver Disease, *Clinical Gastroenterology And Hepatology*. *Clin Gastroenterol Hepatol* . 2023 Jul;21(8):1978-1991. doi: 10.1016/j.cgh.2023.04.015.
5. Paik J, ..., Younossi ZM. Non-alcoholic fatty liver disease is associated with greater risk of 30-day hospital readmission in the United States (U.S.), *Annals of Hep*.
6. Lazarus JV, Kopka CJ, Younossi ZM, Allen AM. It's time to expand the fatty liver disease community of practice., *Hepatology*.
7. Henry L, Younossi ZM. Reply: NAFLD/MAFLD: One size does not fit all, certainly not for children!, *Hepatology*. *Hepatology* . 2023 Jun 1;77(6):E191.
8. Stepanova M, Henry L, Younossi ZM. Economic Burden and Patient-Reported Outcomes of Nonalcoholic Fatty Liver Disease., *Clinics In Liver Disease*. *Clin Liver Dis* . 2023 May;27(2):483-513.
9. Younossi ZM, et al. The combination of the enhanced liver fibrosis and FIB-4 scores to determine significant fibrosis in patients with nonalcoholic fatty liver disease, *APT*. 2023 Jun;57(12):1417-1422. doi: 10.1111/apt.17472. Epub 2023 Mar 26.
10. Henry L, ..., Younossi ZM. Noninvasive Tests Used in Risk Stratification of Patients with Nonalcoholic Fatty Liver Disease., *Clinics In Liver Disease*.
11. Henry A, ..., Younossi ZM. Editorial: let's get physical-long-term benefits of vigorous physical activity in patients with nonalcoholic fatty liver disease. *APT* 2023
12. Harring M, ., Younossi ZM. Sarcopenia Among Patients With Nonalcoholic Fatty Liver Disease (NAFLD) Is Associated With Advanced Fibrosis., *Clinical Gastroenterology And Hepatology*. 2023 Feb 26;S1542-3565(23)00155-6. doi: 10.1016/j.cgh.2023.02.013. Online ahead of print.
13. Alina M. Allen, Jeffrey V. Lazarus, Younossi ZM. Healthcare and socioeconomic costs of NAFLD: A global framework to navigate the uncertainties., *J of Hep*
14. Leyla de Avila, ..., Younossi ZM. Regular Exercise is Associated with Low Fatigue Levels and Good Functional Outcomes Post- COVID-19: A Prospective Observational Study, *American Journal of Physical Medicine and Rehabilitation*.
15. Younossi ZM, et alDevelopment and validation of a primary sclerosing cholangitis-specific health-related quality of life instrument: CLDQ-PSC., *Hep Comm*
16. Younossi ZM. Recent Research and Insights on the Disease Burden of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis., *Gastroenterol Hepatol*
17. de Avila L, Younossi ZM NAFLD is independently associated with higher all-cause and cause-specific mortality, *Clinical Gastroenterology And Hepatology*.
18. Younossi ZM, et al. Clinical and patient-reported outcome profile of patients with hepatitis B viral infection from the Global Liver Registry™, *J of Viral Hepatitis*.
19. Younossi ZM, et al. The global epidemiology of nonalcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH): a systematic review. *Hepatology* . 2023 Apr 1;77(4):1335-1347.
20. Younossi ZM, et al. The Growing Economic and Clinical Burden of Nonalcoholic Steatohepatitis (NASH) in the United States (U.S.), *Journal of Clinical and Experimental Hepatology*. *J Clin Exp Hepatol* . 2023 May-Jun;13(3):454-467. doi: 10.1016/j.jceh.2022.12.005. Epub 2022 Dec 22.
21. Younossi ZM, et al. A Practical Use of Non-invasive Tests in Clinical Practice to Identify High-Risk Patients with Non-alcoholic Steatohepatitis, *APT*

Economic Analysis

Service Capabilities CORLD, GNC and GLC *Economic Analysis*

- Economic burden, Cost-effectiveness analysis of treatment or screening, budget impact

Completed Projects

- Cost Effectiveness of Screening for HCV
- Economic Burden of NAFLD in the US and 5 EU countries
- Economic Burden of NAFLD in Hong Kong (Complete)
- Economic burden of NASH and NASH Fibrosis in the US
- Economic Burden of NASH in T2D
- Hypothetical Treatment of NASH
- Screening for High-Risk Non-alcoholic Fatty Liver Disease (NAFLD) is Cost Effective in the United States and UK
- The Growing Economic and Clinical Burden of Nonalcoholic Steatohepatitis (NASH) in the United States. (2023)

Ongoing Projects

1. Cost of Inaction in the US, Germany, Spain, Italy, Brazil, Japan, Saudi Arabia
 - ▶ Estimate the present and future economic burden of chronic diseases
2. Analyze the clinical data, cost data and quality of life inputs to determine the cost-effectiveness of latest therapies.

Publications Related to Economic Analysis

1. Younossi ZM, Paik JM, Henry L, Yang J, Fernandes G, Stepanova M, Nader F. The Growing Economic and Clinical Burden of Nonalcoholic Steatohepatitis (NASH) in the United States. *J Clin Exp Hepatol.* 2023 May-Jun;13(3):454-467. doi:10.1016/j.jceh.2022.12.005. Epub 2022 Dec 22. PMID: 37250870; PMCID:PMC10213853.
2. Stepanova M, Henry L, Younossi ZM. Economic Burden and Patient-Reported Outcomes of Nonalcoholic Fatty Liver Disease. *Clin Liver Dis.* 2023 May;27(2):483-513. doi: 10.1016/j.cld.2023.01.007. Epub 2023 Mar 8. PMID:37024220.
3. Tampi RP, Wong VW, Wong GL, Shu SS, Chan HL, Fung J, Stepanova M, Younossi ZM. Modelling the economic and clinical burden of non-alcoholic steatohepatitis in East Asia: Data from Hong Kong. *Hepatol Res.* 2020 Sep;50(9):1024-1031. doi:10.1111/hepr.13535. Epub 2020 Jul 20. PMID: 32537840.
4. Younossi ZM, Tampi RP, Racila A, Qiu Y, Burns L, Younossi I, Nader F. Economic and Clinical Burden of Nonalcoholic Steatohepatitis in Patients With Type 2 Diabetes in the U.S. *Diabetes Care.* 2020 Feb;43(2):283-289. doi:10.2337/dc19-1113. Epub 2019 Oct 28. PMID: 31658974.
5. Younossi ZM, Tampi RP, Nader F, Younossi IM, Cable R, Srishord M, Racila A. Hypothetical treatment of patients with non-alcoholic steatohepatitis: Potential impact on important clinical outcomes. *Liver Int.* 2020 Feb;40(2):308-318. doi:10.1111/liv.14292. Epub 2019 Nov 25. PMID: 31705834.
6. Bush H, Rafiq N, Younossi ZM. Implementation of Value-based Medicine (VBM) to Patients With Chronic Hepatitis C (HCV) Infection. *J Clin Gastroenterol.* 2019 Apr;53(4):262-268. doi: 10.1097/MCG.0000000000001174. PMID: 30681638.
7. Younossi ZM, Tampi R, Priyadarshini M, Nader F, Younossi IM, Racila A. Burden of Illness and Economic Model for Patients With Nonalcoholic Steatohepatitis in the United States. *Hepatology.* 2019 Feb;69(2):564-572. doi: 10.1002/hep.30254. Epub 2019 Jan 8. PMID: 30180285.
8. Kim M, Paik J, Golabi P, Jeffers T, Mishra A, Younossi ZM. Resource Utilization and Outcomes of Medicare Recipients With Chronic Hepatitis B in the United States. *J Clin Gastroenterol.* 2019 Sep;53(8):e341-e347. doi:10.1097/MCG.0000000000001110. PMID: 30106839.
9. Younossi ZM. Patient-Reported Outcomes and the Economic Effects of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis: The Value Proposition. *Hepatology.* 2018 Dec;68(6):2405-2412. doi: 10.1002/hep.30125. PMID:30070714.
10. Younossi ZM, Tanaka A, Eguchi Y, Henry L, Beckerman R, Mizokami M. Treatment of hepatitis C virus leads to economic gains related to reduction in cases of hepatocellular carcinoma and decompensated cirrhosis in Japan. *J Viral Hepat.* 2018 Aug;25(8):945-951. doi: 10.1111/jvh.12886. Epub 2018 Mar 14. PMID:29478258.
11. Cacoub P, Buggisch P, Carrión JA, Cooke GS, Zignego AL, Beckerman R, Younossi Z. Direct medical costs associated with the extrahepatic manifestations of hepatitis C infection in Europe. *J Viral Hepat.* 2018 Jul;25(7):811-817. doi:10.1111/jvh.12881. Epub 2018 Mar 30. PMID: 29476572.
12. Fukui N, Golabi P, Otgonsuren M, de Avila L, Bush H, Younossi ZM. Hospice care in Medicare patients with primary liver cancer: the impact on resource utilisation and mortality. *Aliment Pharmacol Ther.* 2018 Mar;47(5):680-688. doi:10.1111/apt.14484. Epub 2018 Jan 3. PMID: 29314093.
13. Younossi ZM, Henry L, Bush H, Mishra A. Clinical and Economic Burden of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis. *Clin Liver Dis.* 2018 Feb;22(1):1-10. doi: 10.1016/j.cld.2017.08.001. Epub 2017 Oct 14. PMID: 29128049.
14. Cacoub P, Vautier M, Desbois AC, Saadoun D, Younossi Z. Direct medical costs associated with the extrahepatic manifestations of hepatitis C virus infection in France. *Aliment Pharmacol Ther.* 2018 Jan;47(1):123-128. doi:10.1111/apt.14382. Epub 2017 Oct 18. PMID: 29044584.
15. Fukui N, Golabi P, Otgonsuren M, Mishra A, Venkatesan C, Younossi ZM. Demographics, Resource Utilization, and Outcomes of Elderly Patients With Chronic Liver Disease Receiving Hospice Care in the United States. *Am J Gastroenterol.* 2017 Nov;112(11):1700-1708. doi:10.1038/ajg.2017.290. Epub 2017 Oct 10. PMID: 29016566.
16. Estes C, Razavi H, Loomba R, Younossi Z, Sanyal AJ. Modeling the epidemic of nonalcoholic fatty liver disease demonstrates an exponential increase in burden of disease. *Hepatology.* 2018 Jan;67(1):123-133. doi: 10.1002/hep.29466. Epub 2017 Dec 1. PMID: 28802062; PMCID: PMC5767767.
17. Younossi Z, Blissett D, Blissett R, Henry L, Younossi Y, Beckerman R, Hunt S. In an era of highly effective treatment, hepatitis C screening of the United States general population should be considered. *Liver Int.* 2018 Feb;38(2):258-265. doi: 10.1111/liv.13519. Epub 2017 Aug 24. PMID: 28719013.
18. Stepanova M, Younossi ZM. Economic Burden of Hepatitis C Infection. *Clin Liver Dis.* 2017 Aug;21(3):579-594. doi: 10.1016/j.cld.2017.03.012. Epub 2017 Apr 22. PMID: 28689595.
19. Golabi P, Jeffers T, Younoszai Z, Otgonsuren M, Sayiner M, Mishra A, Venkatesan C, Younossi ZM. Independent Predictors of Mortality and Resource Utilization in Viral Hepatitis Related Hepatocellular Carcinoma. *Ann Hepatol.* 2017 Jul-Aug;16(4):555-564. doi:0.5604/01.3001.0010.0290. PMID: 28611258.

Publications Related to Economic Analysis

20. Younossi Z, Gordon SC, Ahmed A, Dieterich D, Saab S, Beckerman R. Treating Medicaid patients with hepatitis C: clinical and economic impact. *Am J Manag Care.* 2017 Feb;23(2):107-112. PMID: 28245654.
21. Younossi ZM, Park H, Dieterich D, Saab S, Ahmed A, Gordon SC. The value of cure associated with treating treatment-naïve chronic hepatitis C genotype 1: Are the new all-oral regimens good value to society? *Liver Int.* 2017 May;37(5):662-668. doi: 10.1111/liv.13298. Epub 2016 Nov 29. PMID: 27804195.
22. Younossi ZM, Blissett D, Blissett R, Henry L, Stepanova M, Younossi Y, Racila A, Hunt S, Beckerman R. The economic and clinical burden of nonalcoholic fatty liver disease in the United States and Europe. *Hepatology.* 2016 Nov;64(5):1577-1586. doi: 10.1002/hep.28785. Epub 2016 Sep 26. PMID: 27543837.
23. Stepanova M, De Avila L, Afendy M, Younossi I, Pham H, Cable R, Younossi ZM. Direct and Indirect Economic Burden of Chronic Liver Disease in the United States. *Clin Gastroenterol Hepatol.* 2017 May;15(5):759-766.e5. doi:10.1016/j.cgh.2016.07.020. Epub 2016 Jul 25. PMID: 27464590.
24. Henry L, Younossi Z. Patient-reported and economic outcomes related to sofosbuvir and ledipasvir treatment for chronic hepatitis C. *Expert Rev Pharmacoecon Outcomes Res.* 2016 Dec;16(6):659-665. doi:10.1080/14737167.2016.1244007. Epub 2016 Oct 12. PMID: 27710134.
25. Younossi ZM, Birerdinc A, Henry L. Hepatitis C infection: A multi-faceted systemic disease with clinical, patient reported and economic consequences. *J Hepatol.* 2016 Oct;65(1 Suppl):S109-S119. doi: 10.1016/j.jhep.2016.07.005. PMID:27641981.
26. Younossi Z, Park H, Henry L, Adeyemi A, Stepanova M. Extrahepatic Manifestations of Hepatitis C: A Meta-analysis of Prevalence, Quality of Life, and Economic Burden. *Gastroenterology.* 2016 Jun;150(7):1599-1608. doi:10.1053/j.gastro.2016.02.039. Epub 2016 Feb 26. PMID: 26924097.
27. Younossi Z, Brown A, Buti M, Fagioli S, Mauss S, Rosenberg W, Serfaty L, Srivastava A, Smith N, Stepanova M, Beckerman R. Impact of eradicating hepatitis C virus on the work productivity of chronic hepatitis C (CH-C) patients: an economic model from five European countries. *J Viral Hepat.* 2016 Mar;23(3):217-26. doi: 10.1111/jvh.12483. Epub 2015 Oct 20. PMID: 26482680.
28. Younossi ZM, Henry L. Economic and Quality-of-Life Implications of Non-Alcoholic Fatty Liver Disease. *Pharmacoeconomics.* 2015 Dec;33(12):1245-53. doi:10.1007/s40273-015-0316-5. PMID: 26233836.
29. Shah M, Younossi ZM. Revolutionizing treatment outcomes in hepatitis C: managed care implications and considerations--diagnosis and management. *Am J Manag Care.* 2015 Mar;21(5 Suppl):S86-96. PMID: 26167958.
30. Stepanova M, Younossi ZM. Interferon-Free Regimens for Chronic Hepatitis C: Barriers Due to Treatment Candidacy and Insurance Coverage. *Dig Dis Sci.* 2015 Nov;60(11):3248-51. doi: 10.1007/s10620-015-3709-6. Epub 2015 May 19. PMID:25986525.
31. Younossi ZM, Jiang Y, Smith NJ, Stepanova M, Beckerman R. Ledipasvir/sofosbuvir regimens for chronic hepatitis C infection: Insights from a work productivity economic model from the United States. *Hepatology.* 2015 May;61(5):1471-8. doi: 10.1002/hep.27757. Epub 2015 Mar 23. PMID: 25706754.
32. Younossi ZM, Park H, Saab S, Ahmed A, Dieterich D, Gordon SC. Cost-effectiveness of all-oral ledipasvir/sofosbuvir regimens in patients with chronic hepatitis C virus genotype 1 infection. *Aliment Pharmacol Ther.* 2015 Mar;41(6):544-63. doi: 10.1111/apt.13081. Epub 2015 Jan 26. PMID: 25619871.
33. Younossi ZM, Tanaka A, Eguchi Y, Henry L, Beckerman R, Mizokami M. Treatment of hepatitis C virus leads to economic gains related to reduction in cases of hepatocellular carcinoma and decompensated cirrhosis in Japan. *J Viral Hepat.* 2018 Aug;25(8):945-951. doi: 10.1111/jvh.12886. Epub 2018 Mar 14. PMID:29478258.
34. Cacoub P, Buggisch P, Carrión JA, Cooke GS, Zignego AL, Beckerman R, Younossi Z. Direct medical costs associated with the extrahepatic manifestations of hepatitis C infection in Europe. *J Viral Hepat.* 2018 Jul;25(7):811-817. doi:10.1111/jvh.12881. Epub 2018 Mar 30. PMID: 29476572.
35. Fukui N, Golabi P, Otgonsuren M, de Avila L, Bush H, Younossi ZM. Hospice care in Medicare patients with primary liver cancer: the impact on resource utilisation and mortality. *Aliment Pharmacol Ther.* 2018 Mar;47(5):680-688. doi:10.1111/apt.14484. Epub 2018 Jan 3. PMID: 29314093.
36. Younossi ZM, Henry L, Bush H, Mishra A. Clinical and Economic Burden of Nonalcoholic Fatty Liver Disease and Nonalcoholic Steatohepatitis. *Clin Liver Dis.* 2018 Feb;22(1):1-10. doi: 10.1016/j.cld.2017.08.001. Epub 2017 Oct 14. PMID: 29128049.
37. Cacoub P, Vautier M, Desbois AC, Saadoun D, Younossi Z. Direct medical costs associated with the extrahepatic manifestations of hepatitis C virus infection in France. *Aliment Pharmacol Ther.* 2018 Jan;47(1):123-128. doi:10.1111/apt.14382. Epub 2017 Oct 18. PMID: 29044584.
38. Fukui N, Golabi P, Otgonsuren M, Mishra A, Venkatesan C, Younossi ZM. Demographics, Resource Utilization, and Outcomes of Elderly Patients With Chronic Liver Disease Receiving Hospice Care in the United States. *Am J Gastroenterol.* 2017 Nov;112(11):1700-1708. doi:10.1038/ajg.2017.290. Epub 2017 Oct 10. PMID: 29016566.
39. Estes C, Razavi H, Loomba R, Younossi Z, Sanyal AJ. Modeling the epidemic of nonalcoholic fatty liver disease demonstrates an exponential increase in burden of disease. *Hepatology.* 2018 Jan;67(1):123-133. doi: 10.1002/hep.29466. Epub 2017 Dec 1. PMID: 28802062; PMCID: PMC5767767.
40. Younossi Z, Blissett D, Blissett R, Henry L, Younossi Y, Beckerman R, Hunt S. In an era of highly effective treatment, hepatitis C screening of the United States general population should be considered. *Liver Int.* 2018 Feb;38(2):258-265. doi: 10.1111/liv.13519. Epub 2017 Aug 24. PMID: 28719013.
41. Stepanova M, Younossi ZM. Economic Burden of Hepatitis C Infection. *Clin Liver Dis.* 2017 Aug;21(3):579-594. doi: 10.1016/j.cld.2017.03.012. Epub 2017 Apr 22. PMID: 28689595.
42. Golabi P, Jeffers T, Younoszai Z, Otgonsuren M, Sayiner M, Mishra A, Venkatesan C, Younossi ZM. Independent Predictors of Mortality and Resource Utilization in Viral Hepatitis Related Hepatocellular Carcinoma. *Ann Hepatol.* 2017 Jul-Aug;16(4):555-564. doi:10.5604/01.3001.0010.0290. PMID: 28611258.



Publications Related to Economic Analysis



43. Stepanova M, Mishra A, Venkatesan C, Younossi ZM. In-hospital mortality and economic burden associated with hepatic encephalopathy in the United States from 2005 to 2009. *Clin Gastroenterol Hepatol*. 2012 Sep;10(9):1034-41.e1. doi:10.1016/j.cgh.2012.05.016. Epub 2012 May 27. PMID: 22642955.
44. McGarry LJ, Pawar VS, Panchmatia HR, Rubin JL, Davis GL, Younossi ZM, Capretta JC, O'Grady MJ, Weinstein MC. Economic model of a birth cohort screening program for hepatitis C virus. *Hepatology*. 2012 May;55(5):1344-55. doi: 10.1002/hep.25510. Epub 2012 Mar 18. PMID: 22135116.
45. Stepanova M, Kanwal F, El-Serag HB, Younossi ZM. Insurance status and treatment candidacy of hepatitis C patients: analysis of population-based data from the United States. *Hepatology*. 2011 Mar;53(3):737-45. doi:10.1002/hep.24131. Epub 2011 Feb 11. PMID: 21319199.
46. Spiegel BM, Chen K, Chiou CF, Robbins S, Younossi ZM. Erythropoietic growth factors for treatment-induced anemia in hepatitis C: a cost-effectiveness analysis. *Clin Gastroenterol Hepatol*. 2005 Oct;3(10):1034-42. doi:10.1016/s1542-3565(05)00695-6. PMID: 16234051
47. Aggarwal A, Ong JP, Goormastic M, Nelson DR, Arroliga AC, Farquhar L, Mayes J, Younossi ZM. Survival and resource utilization in liver transplant recipients: the impact of admission to the intensive care unit. *Transplant Proc*. 2003 Dec;35(8):2998-3002. doi: 0.1016/j.transproceed.2003.10.005. PMID:14697960.
48. Singer ME, Younossi ZM. Cost effectiveness of screening for hepatitis C virus in asymptomatic, average-risk adults. *Am J Med*. 2001 Dec 1;111(8):614-21. doi: 10.1016/s0002-9343(01)00951-2. PMID: 11755504.
49. Younossi ZM, Temple ME, Shermock KM. A pharmacoeconomic appraisal of therapies for hepatitis B and C. *Expert Opin Pharmacother*. 2001 Feb;2(2):205-11. doi: 10.1517/14656566.2.2.205. PMID: 11336580.
50. Younossi ZM, Singer ME, McHutchison JG, Shermock KM. Cost effectiveness of interferon alpha2b combined with ribavirin for the treatment of chronic hepatitis C. *Hepatology*. 1999 Nov;30(5):1318-24. doi: 10.1002/hep.510300518. PMID: 10534357.
51. Younossi ZM, Teran JC, Ganiats TG, Carey WD. Ultrasound-guided liver biopsy for parenchymal liver disease: an economic analysis. *Dig Dis Sci*. 1998 Jan;43(1):46-50. doi: 10.1023/a:1018815802500. PMID: 9508534.
52. Younossi ZM, McHutchison JG, Ganiats TG. An economic analysis of norfloxacin prophylaxis against spontaneous bacterial peritonitis. *J Hepatol*. 1997 Aug;27(2):295-8. doi: 10.1016/s0168-8278(97)80174-2. PMID: 9288603.



Center for Outcomes Research in Liver Disease



GNC Meetings



**THE GLOBAL
NASH COUNCIL**

The Global NASH Council Regional, National and International Meetings



**THE GLOBAL
LIVER COUNCIL**

Year	Title	Location	Sponsor
2023	The Global NASH Council Meeting at AASLD - Hot Topics in MASLD (NIT Risk Stratification, Life Style Intervention and Educational programs to Increase awareness	Cambridge, MA, USA	Siemens Healthineers
2023	The Global NASH Council Meeting at EASL - Role of ELF in Clinical Practice	Vienna, Austria	Siemens Healthineers
2023	The Global NASH Council Meeting at EASL - Identifying Patients at Risk and Raising Awareness in NAFLD	Vienna, Austria	Intercept Pharmaceutical
2023	The Global NASH Council Meeting at EASL - Fatigue and Patient Reported Outcomes in Patients with Primary Biliary Cholangitis	Vienna, Austria	CymaBay
2022	The Global NASH Council Meeting at AASLD - Update on NITs and Treatment for NASH	Washington, DC, USA	Intercept Pharmaceutical
2022	The Global NASH Council Meeting at AASLD - Risk Stratification in Primary Care setting for NASH	Washington, DC, USA	Siemens Healthineers
2019	The Global NASH Council Meeting at AASLD - Global Burden of NASH: 1) Diet and Food Literacy in NAFLD, 2) Economic Burden of NASH in Hong Kong, 3) -NASH and PRO Presentation, 4) Global Burden of Liver Disease	Boston, MA, USA	Intercept Pharmaceutical
2019	Updates on Global NASH Council Collaborations and Clinical Trial Regiments with Treatment Priorities	Vienna, Austria	Intercept Pharmaceutical
2018	Summary of PRO and HEOR Global Advisory Board Meeting	San Francisco, CA, USA	Gilead Sciences
2018	Updates on Global NASH Council Collaborations and Clinical Trial Regiments with Treatment Priorities	San Francisco, CA, USA	Intercept Pharmaceutical
2018	Updates on Global NASH Council Collaborations and Clinical Trial Regiments with Treatment Priorities	Paris, France	Intercept Pharmaceutical
2017	Knowledge Gaps in NAFLD/NASH including Economic Burden & Latest in Diagnostics/Biomarkers	Washington, DC, USA	Intercept Pharmaceutical
2017	PRO Advisory Board at AASLD with Review of PRO and HEOR Collaborations in Liver Disease	Washington, DC, USA	Gilead Sciences
2016	PRO Advisory Board at AASLD with purpose of establishing a global expert council on PRO's and HEOR in Liver Disease	Boston, MA, USA	Gilead Sciences

Year	Title	Location	Sponsor
2022	Expert Panel	Washington, DC, USA	Siemens Healthineers
2020	NIT Meeting	Falls Church, VA, USA	Intercept Pharmaceutical



Upcoming meetings for 2024:

- GNC Asian Meeting During Asian Pacific Association for the Study of Liver in Kyoto Japan (March 30th, 2024)
- GNC Meeting During National Hepatology Congress and the Turkish Association for the Study of the Liver Meeting in Rize, Turkey (May 7-9th, 2024)
- GNC Meeting for Saudi Arabia and the Gulf Region during SASLT in Riyadh, Saudi Arabia (October 17-19, 2024)



**THE GLOBAL
NASH COUNCIL**

GNC Recognition 2023



**THE GLOBAL
LIVER COUNCIL**

Presentations at AASLD 2023 November 2023, Boston MA, USA

1	Abstract #40938 Development Of A Primary Biliary Cholangitis-Specific Version Of Chronic Liver Disease Questionnaire: CLDQ-PBC	Zobair Younossi, Maria Stepanova, Issah Younossi, Andrei Racila
2	Abstract #42850 Non-Alcoholic Steatohepatitis (Nash) Has Become The Most Common Indication For Liver Transplantation Among Candidates With Hepatocellular Carcinoma In The United States	Zobair M. Younossi, Reem Al Shabeeb, Katherine Eberly, Dipam Shah, Veronica Nguyen, Janus Ong, Saleh A Alqahtani, Linda Henry, Maria Stepanova
3	Abstract #43328 A Rapid Rise In The Global Prevalence Of Nonalcoholic Fatty Liver Disease) And Non-Alcoholic Steatohepatitis Among Patients With Type 2 Diabetes	Zobair M. Younossi, Pegah Golabi, Jillian Price, Soroor Owangi, Nagashree Gundu Rao, Romona Satchi, James M. Paik
5	Abstract #43839 PNL3A3-Rs728409 CG/IGG Genotype Is Strongly Associated With Advanced Histologic Fibrosis And High Risk Enhanced Liver Fibrosis Score	Zobair M. Younossi, James M. Estep, Sean Felix, Brian P. Lam, Elena Younossi, Nagashree Gundu-Rao, Leyla De Avila, Huong Pham, Becky Cable, Jillian Price, Andrei Racila, Maria Stepanova
7	Abstract #44101 Cost-Effectiveness Of Identifying High-Risk Non-Alcoholic Fatty Liver Disease Patients In The United States	Zobair M. Younossi, James M. Paik, Linda Henry, Richard F. Pollock, Maria Stepanova, Fatema Nader
8	Abstract #45122 Individuals With Advanced Fibrosis Have Worse Fine Motor Performance	Ali A. Weinstein, Leyla De Avila, Jillian K. Price, Carey Escheik, Pegah Golabi, Lynn Gerber, Zobair M. Younossi
10	Abstract #42842 Liver Transplantation Profile Among Teenagers In The United States	Maria Stepanova, Dipam Shah, Reem Al Shabeeb, Katherine Eberly, Veronica Nguyen, Janus Ong, Saleh A Alqahtani, Zobair M. Younossi
11	Abstract #42859 Liver Transplantation For Primary Biliary Cholangitis In The U.S. In 2008-2022	Maria Stepanova, Katherine Eberly, Dipam Shah, Reem Al Shabeeb, Veronica Nguyen, Janus Ong, Saleh A Alqahtani, Linda Henry, Zobair Younossi
12	Abstract #44005 Quantitation Of Plasma Cells, Cytotoxic T Cells, And Kupffer Cells/Macrophages With Hepatic Fibrosis Stage In Non-Alcoholic Steatohepatitis	James M. Estep, Anne Masters, Lakshmi Alagarthi, Gary Brattbauer, Aysike Birendine, Fanny Monge, Cassandra Sharp, Daisong Tan, Hala Abdelal, Zachary Goodman, Zobair M Younossi
13	Abstract #44071 Food Insecurity And Household Income Substantially Increase The Risk Of NAFLD Among Adolescent Children In The U.S.	James M. Paik, Sandy Duong, Shira Zelter-Sagi, Jeffrey V. Lazarus, Linda Henry, Zobair M. Younossi
14	Abstract #44990 Alcoholic Liver Disease And Non-Alcoholic Fatty Liver Disease Were The Main Drivers Of Cirrhosis Related Deaths Before And During The Covid-19 Pandemic In The United States	James M. Paik, Dipam Shah, Katherine Eberly, Pegah Golabi, Linda Henry, Zobair Younossi
16	Abstract #46884 Assessment Of Hospital Readmission Rates, Risk Factors, Causes And Cost After Discharge With Chronic Liver Disease: Analysis Of The Us Nationwide Readmissions Database	James M. Paik, Becky Cable, Linda Henry, Leyla De Avila, Huong Pham, Zobair M. Younossi

Together for Better Liver Health: EASL Event During WHA76 May 22, 2023, Geneva Switzerland

The Global NASH Council participated in a meeting organized by EASL on the sidelines of the 76th World Health Assembly (May 2023) in Geneva, Switzerland. The event, held in a partnership between EASL, AASLD, ALEH, APASL, INASL, EASD, EASO, SOLDA, SAASL, WHF and ESPGHAN as well as a large number of other stakeholders including policymakers, representatives to the UN, WHO staff as well as thought leaders and people affected by NAFLD/MASLD disease.

https://easl.eu/event/easl_76thwha/speakers/

GPS Scholar-2022 The Global NASH Council and the Global Liver Council Members

The Global NASH Council (GNC) and Global Liver Council members have consistently demonstrated exceptional academic productivity, producing a substantial body of high-impact evidence in liver disease and NAFLD/MASLD. Our influential work has not only garnered widespread recognition but has also inspired and influenced the research directions. In the latest data from ScholarGPS (2022), our members have been ranked at the top of the field of liver disease, NAFLD, fatty liver disease and hepatology. Highly Ranked Scholars™-Lifetime are eminent authors whose Top Percentage Ranks places them above 0.05% of all scholars due to highly significant impact and quality of their scholarly contributions based on lifetime contributions.

https://scholargps.com/highly-ranked-scholars?year=2022&ranking_duration=LIFETIME&base_field=&base_specialty=Liver+disease